

# HOW TO DRAW CLOTHING FOR MANGA

Learn to Draw Amazing Outfits and Creative Costumes for Manga and Anime

### **NAOTO DATE**



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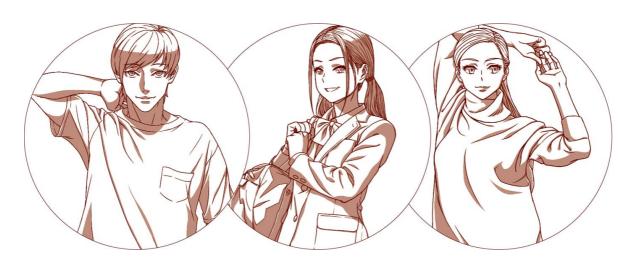
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## INTRODUCTION

Clothing is an essential part of creating a great manga character. How you draw what your character wears can take them from a simple sketch to a more realistic form with personality and dimension, ready for the anime screen. It all comes down to two very important details—wrinkles and shadows. In *How to Draw Clothing for Manga*, we focus on understanding these



elements of clothing to draw outfits that stand out from the rest

To get started, we first look at fabric and how it folds, gathers, and wrinkles as it's covering a human body. You'll learn how to identify when to use particular wrinkle techniques to illustrate how your character's clothing is truly moving on their body. Line drawings are shown side-by-side with photos of models wearing the same outfits, so it's easy to see exactly what's being taught. Once you've got a grasp of fabric basics, you'll learn to

take drawings to the next level by adding shadows that give dimension and shape to garments.

Looking for specific outfit ideas? We've got you covered. In chapter 2, learn to draw a variety of garments from t-shirts to skirts, school uniforms and costumes to business attire and more. Each article of clothing is explored in great detail and shown in multiple body positions with a focus on the forces at work creating those important wrinkles, gathers, and folds in the fabric. To further your skills before applying these techniques to your own drawings, you will find practice sketches to add wrinkles and shadows to in the final chapter of the book.

Grab your drawing supplies and let's go!

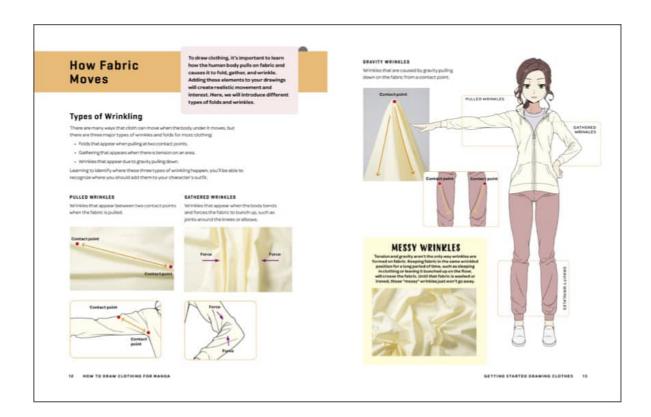


#### **How to Use This Book**

In this book, we explain how to illustrate manga clothes through two important details—wrinkles and shadows. You'll also find many tips and tricks to better understand how fabric moves and how subtle details can make your clothing more realistic. Photographs are shared side-by-side with line drawings to break down exactly what to add where. Plus, there are samples you can follow step-by-step before adding to your own drawings.

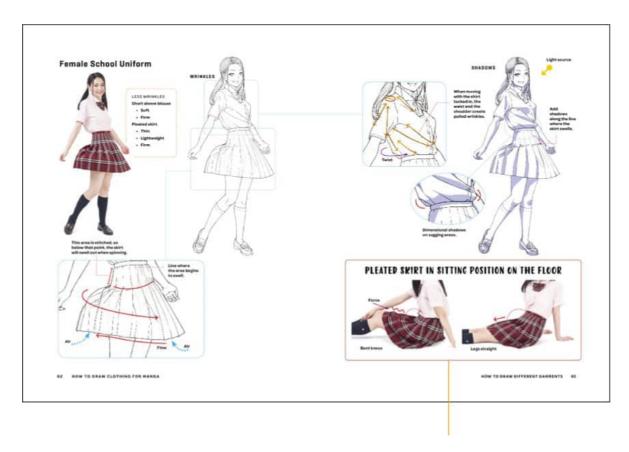
## **01 Get Started Drawing Clothes**

In chapter 1, you'll learn the basics about fabric, drape, wrinkles, and shadows. It's the foundation information you need to successfully draw manga clothes.



### **02 How to Draw Different Garments**

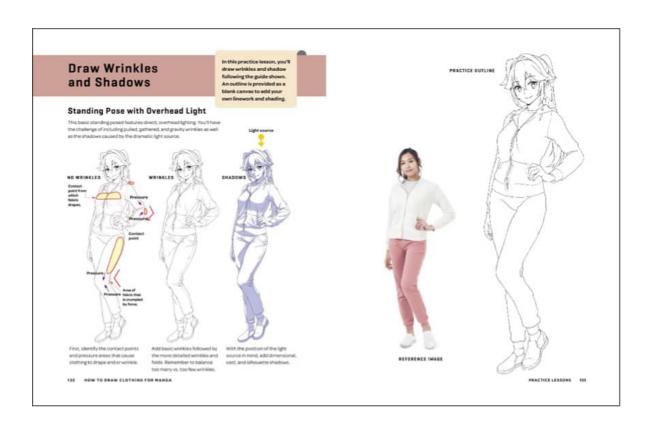
From photography to illustration, in chapter 2 you'll find dozens of example clothing pieces shown with tips on how to refine your drawing to make it more believable.



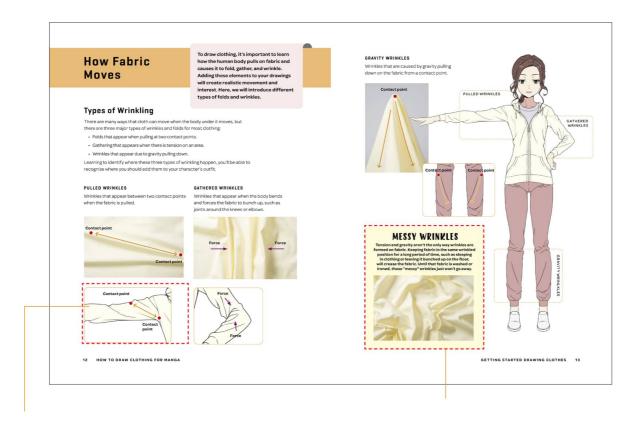
Watch for helpful sidebars with extra information explaining the forces at work creating wrinkles in each garment.

## **03 Practice Lessons**

Before adding wrinkles and shadows to your own illustrations, practice the techniques you've learned on samples provided, step-by-step.

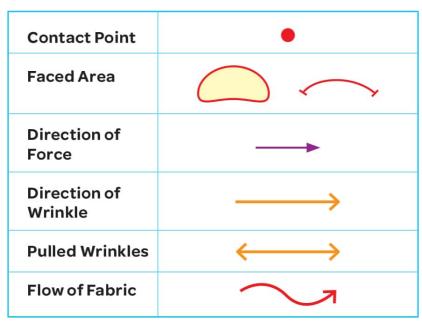


## **01 Get Started Drawing Clothes**



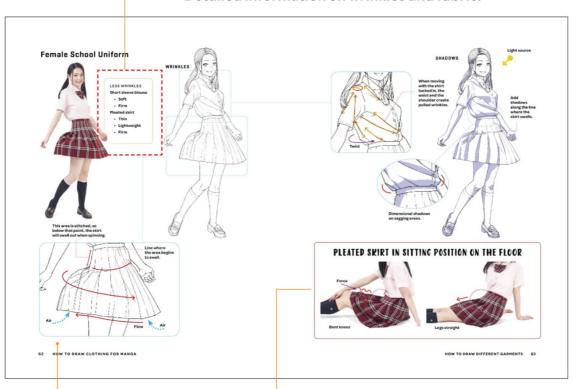
Find useful tips and tricks throughout each chapter.

#### **DIAGRAM SYMBOLS**



## **02 How to Draw Different Garments**

Detailed information on wrinkles and fabric.

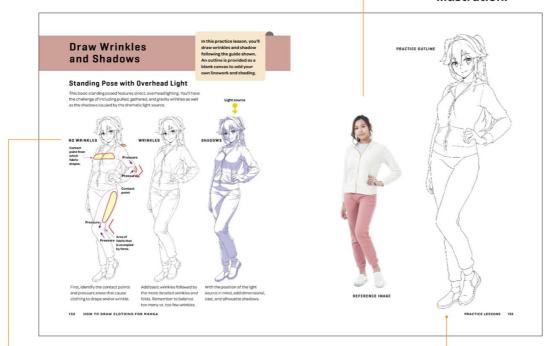


Wrinkles and movement explained.

Additional information on how movement will impact the garment shown.

## **03 Practice Lessons**

See how a sample photo is referenced to create an illustration.



Follow the step-by-step process of adding wrinkles and shadows.

Trace the example shown, then add wrinkles and shadows.

**CHAPTER** 

01

## **Get Started Drawing Clothes**

#### **How Fabric Moves**

To draw clothing, it's important to learn how the human body pulls on fabric and causes it to fold, gather, and wrinkle. Adding these elements to your drawings will create realistic movement and interest. Here, we will introduce different types of folds and wrinkles.

## Types of Wrinkling

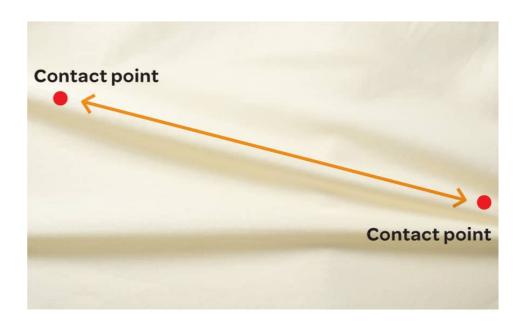
There are many ways that cloth can move when the body under it moves, but there are three major types of wrinkles and folds for most clothing:

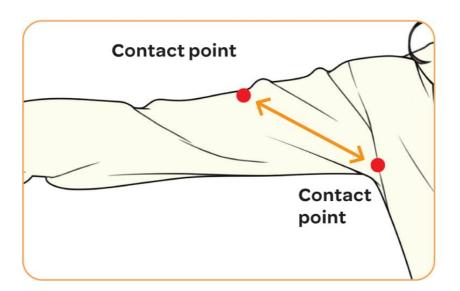
- Folds that appear when pulling at two contact points.
- Gathering that appears when there is tension on an area.
- Wrinkles that appear due to gravity pulling down.

Learning to identify where these three types of wrinkling happen, you'll be able to recognize where you should add them to your character's outfit.

#### **PULLED WRINKLES**

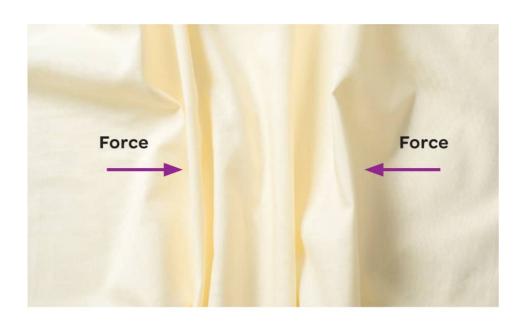
Wrinkles that appear between two contact points when the fabric is pulled.

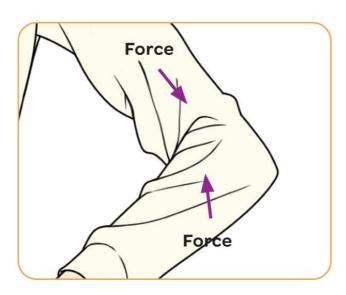




#### **GATHERED WRINKLES**

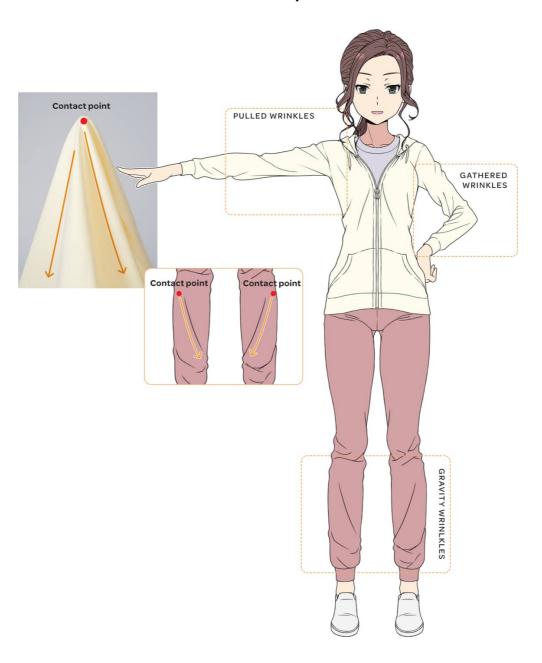
Wrinkles that appear when the body bends and forces the fabric to bunch up, such as joints around the knees or elbows.





#### **GRAVITY WRINKLES**

Wrinkles that are caused by gravity pulling down on the fabric from a contact point.



### **MESSY WRINKLES**

Tension and gravity aren't the only way wrinkles are formed on fabric. Keeping fabric in the same wrinkled position for a long period of time, such as sleeping in clothing or leaving it bunched up on the floor, will crease the fabric. Until that fabric is washed or ironed, those "messy" wrinkles just won't go away.



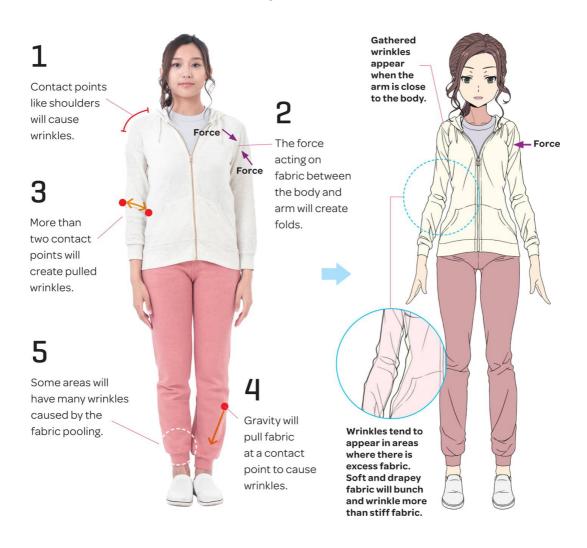
### Where to Draw Wrinkles & Folds

As you start to recognize where wrinkles and folds happen on clothing, you'll find some are easier to identify than others. Here, you'll see basic wrinkles, where they are happening, and why, before considering those that are harder to spot.

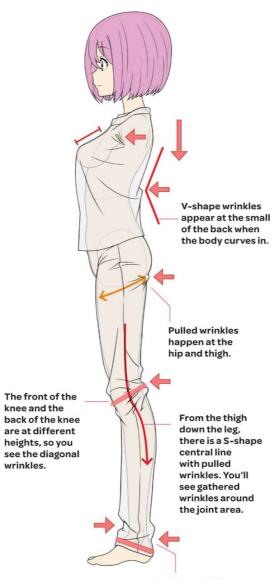
#### **Common Wrinkles**

Now that you know the various types of wrinkles, let's think about where you see the wrinkles when you wear clothing and what's causing them.

#### **FRONT VIEW**



#### **SIDE VIEW**



Gravity wrinkles occur around the foot.

### **DIAGONAL VIEW**

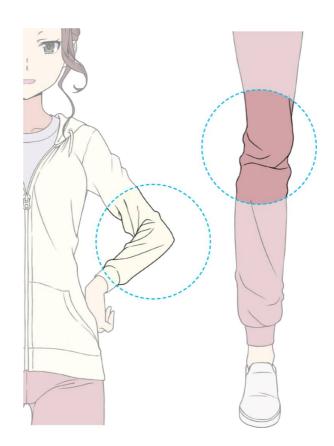


## **Complex Wrinkles**

Now that you understand the areas that wrinkles show up easily, let's look at areas where more complex wrinkles and folds happen.

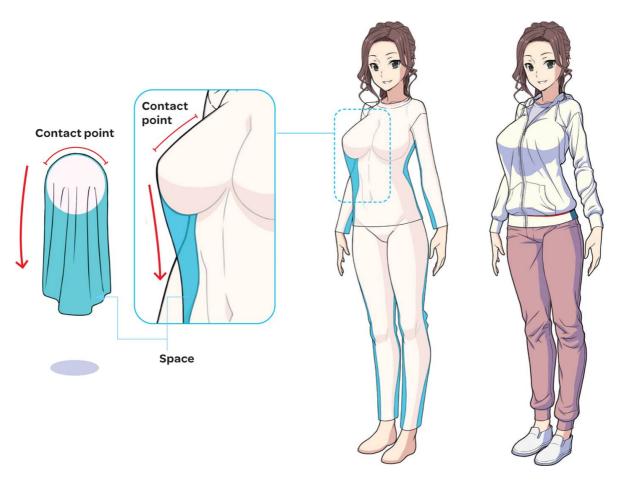
#### **BENDING AT JOINTS**

When you draw wrinkles, it is easier to start with joints such as elbows and knees. Bending causes more pulled wrinkles than when the arms or legs are straight. You'll also see pulled wrinkles on the hip joints and underarm areas.



#### **DRAPING OFF THE BODY**

Pulled wrinkles are caused by tension between two contact points. You can find similar wrinkles caused by a single contact point and gravity when excess fabric hangs off of a body part. By focusing on the body line under the clothing, you will start to see spaces where the fabric doesn't touch the body. This is due to a contact point and gravity, and whether you want loose or tight clothing will impact the wrinkles and folds.



There is space between the body and the clothing when areas of the body stick out. Loose clothes will have a bigger space and tight clothes will have a smaller space.

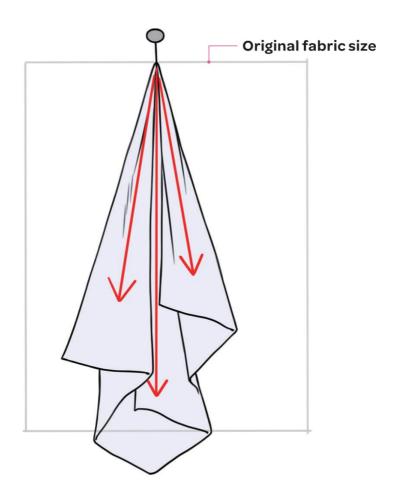
#### **CONTACT POINTS AND GRAVITY**

Gravity will significantly change the way a piece of fabric lays, but the number of contact points acting against gravity can have an even larger impact.

Let's take a look at three different scenarios on one piece of fabric: one contact point, two contact points, and two different height contact points. Each case gets different shaped wrinkles.

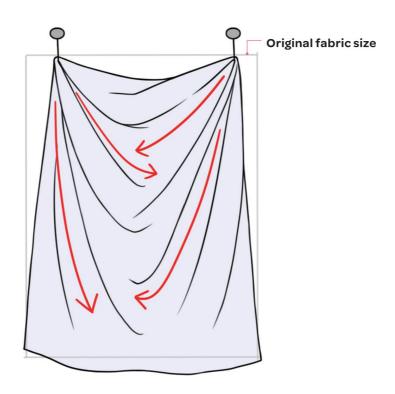
#### **ONE CONTACT POINT**

From one contact point, there are sharp, crisp gravity wrinkles.



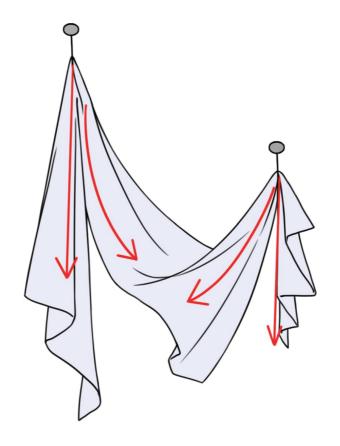
#### **TWO CONTACT POINTS**

From two contact points, there are pulled and gravity wrinkles.



#### TWO DIFFERENT HEIGHT OF CONTACT POINTS

When there are differences in the height of the contact points, wrinkles and folds become more complex.

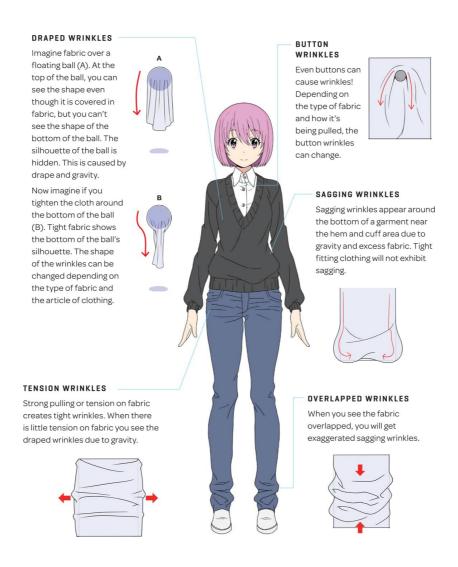


## **Unique Wrinkle Shapes**

Along with common and complex wrinkle shapes, there are a variety of unique shapes that form when fabric bends and folds onto itself. Here, we will explore those shapes and what causes them.

## **Special Wrinkles**

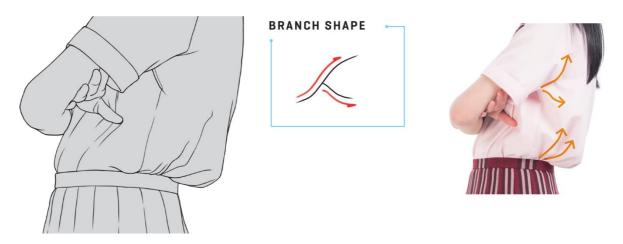




## Wrinkle Shapes



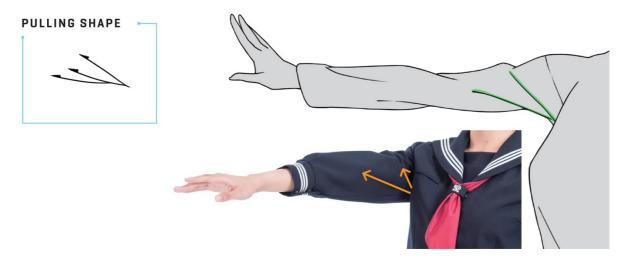
Gravity Wrinkle Shape—You see these wrinkles move downward as the fabric hangs off the body.



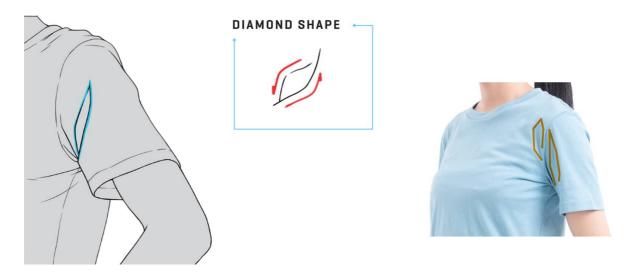
Gathered Wrinkle Shape—This shape is created when fabric is folded between two parts of the body, such as the arm and torso, or when extra fabric is tucked into a waistband or cuff.



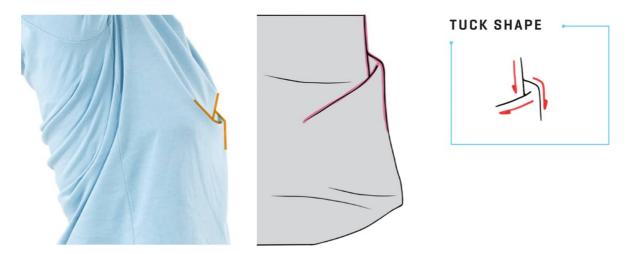
Gravity Wrinkle Shape—When overlapping loose fabric, you will see Y shape wrinkles form.



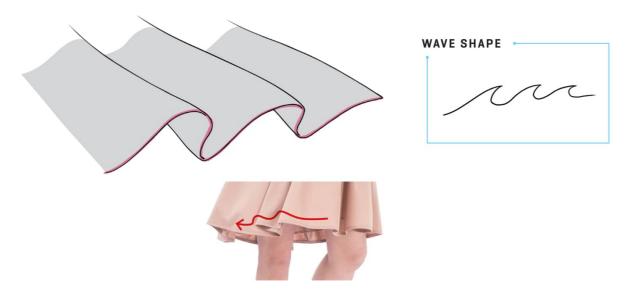
Pulled Wrinkle Shape—This is a common wrinkle shape that appears when more than two contact points pull the fabric.



Gathered & Gravity Wrinkle Shapes—Diamond shape folds occur when the fabric is both gathered and affected by gravity. The clothing bunches up and is also pulled down.



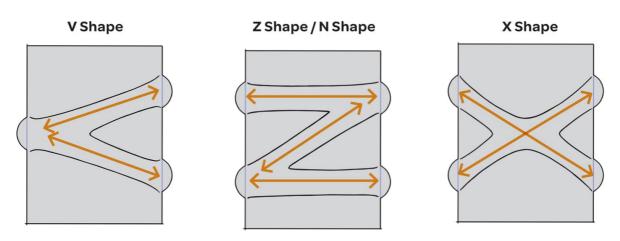
When folds and wrinkles combine, some parts of the fabric may tuck into another area, which produces this tuck shape.



This type of wrinkle shows up when the hem of a skirt is moved by wind. You will see this type of wrinkle on frills and ruffles.

#### **ALPHABET SHAPES**

These shapes mainly appear on arm or leg joints when fabric is being stretched and pulled.



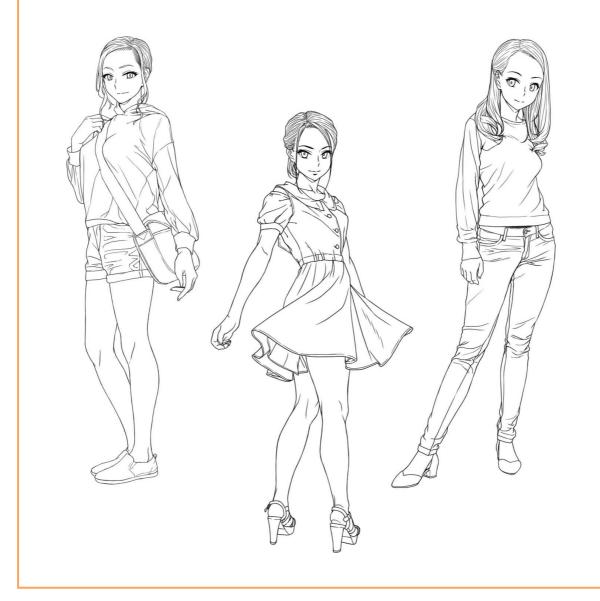


A single article of clothing is likely to have many different combinations of the alphabet wrinkle shapes shown.

# **PRACTICE**

## **IDENTIFY THE WRINKLES**

You learned a lot about wrinkles! How many different types of wrinkles can you identify in the illustrations below?

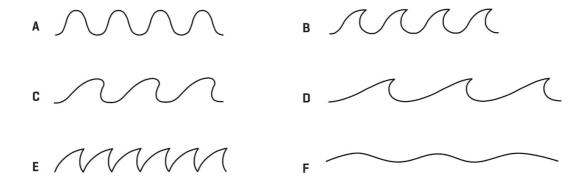


## **Understanding Fabric Textures**

Wrinkles and folds change with the type of fabric used to make a garment. Denim used in jeans can be stiff and rigid, the soft cotton of a t-shirt can be loose and drapey. Here, we'll explore how to draw different fabric qualities like stiffness, weight, and fit.

## Tension and Flow

Expressing the stiffness of a piece of fabric can be challenging, but the following exercise can help make it easier. The two key words to understand are tension and flow. Before explaining these terms, look at the six wavy lines below. Which line do you think is the "softest" and which do you think is the "hardest"? Put all six in order from softest to hardest.



Did you put the lines in order from F > C > A > D > B > E? Why did you see them in the order you did? It's flow and tension!

#### **FLOW**

Flow is the steady movement, it looks soft and gentle. Think of a S-curve.

### **TENSION**

Tension is about strain but, for our purposes, it creates sharp angles and crisp corners. If the tension is rigid (pointed), it looks stiffer.

Flow

Line F has very little tension. The gentle flow of the line implies softness.

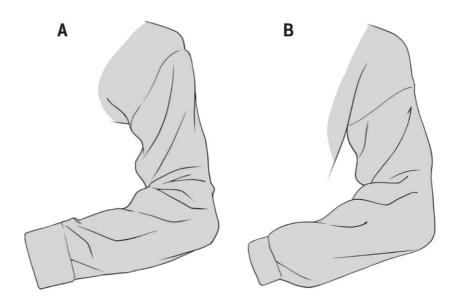
Tension 7777777

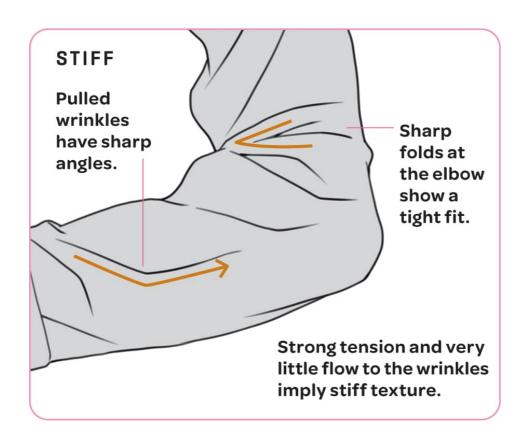
Line E line is rigid with very little softness. This implies structure and stiffness.

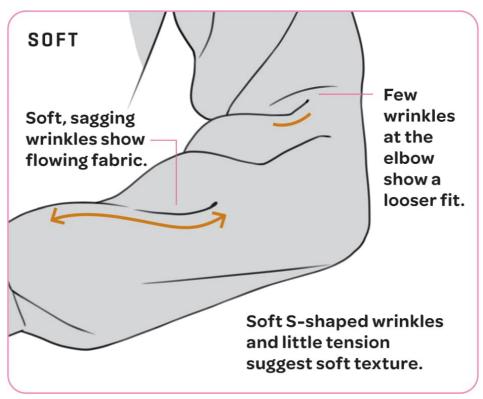
## **Fabric Texture**

Let's take a look at wrinkles on clothes while focusing on flow and tension. Sleeves A and B look subtly different. Look closely and you'll notice that the lines of sleeve A are sharper, crisper lines compared to sleeve B, which are softer, gentler curves.

Sleeve A has more tension, it fits closer to the body, and doesn't drape or hang off the arm as much as sleeve B. Sleeve B has more flow, it sags at the wrist and off the elbow, and it appears to be looser overall.

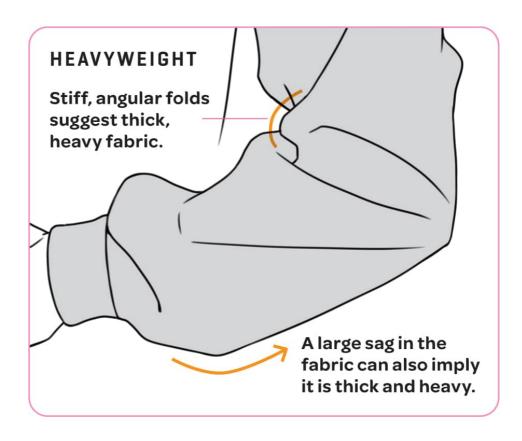


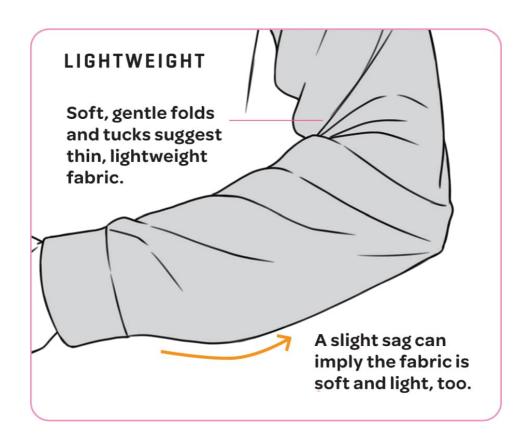




# **Fabric Weight**

Fabric weight (how stiff or soft it is) can be illustrated by the sagginess on fabric.

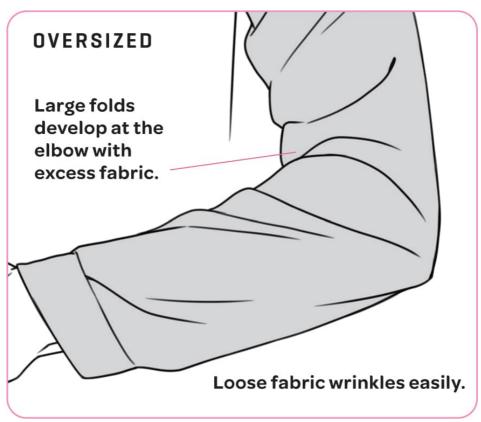




## Fit of Clothes

When clothing fits the body well, with very little excess fabric, there are fewer wrinkles. When clothing is oversized, or larger than the body the fabric is covering, there are more wrinkles and folds in the excess fabric.





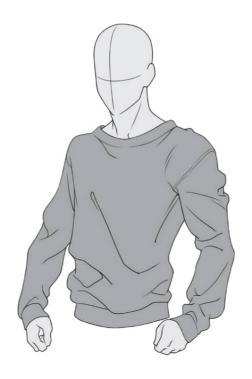
## **PRACTICE**

## **IDENTIFY THE FIT AND FABRIC**

Think you're a fit and fabric expert? Cover the details of each of these shirts and see if you can guess the texture, weight, and fit.



- Soft texture
- Lightweight
- Slim-fit



- Soft texture
- Heavyweight
- Loose-fit



- Soft texture
- Lightweight

# • Loose-fit



- Stiff texture
- Lightweight
- Slim-fit

### FABRIC THICKNESS AND WRINKLES

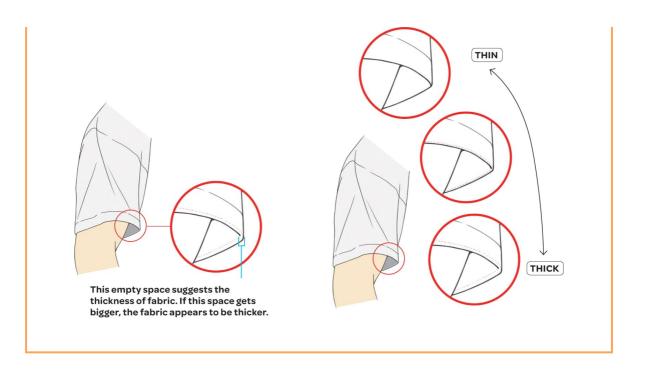
Fabric can have the same texture, but different weight or thickness. So, how do you show different thicknesses of the same texture? By how close together the wrinkles appear. The thinner the fabric, the easier it is for the fabric to fold up into wrinkles that are close together. The thicker the fabric, the more difficult it is to scrunch the fabric, which makes the wrinkles spread out further apart.



It's the same for clothing. Depending on details like whether the fabric is brand new or worn out, dry cleaned or machine washed, you get different types of wrinkles based on the thickness of the fabric. Take a closer look at your own clothing and start to notice how different fabrics wrinkle and fold as you wash and wear them.

#### LAYERS OF FABRIC

Clothing has specific areas where the fabric is folded back on itself to hide raw edges and produce a clean finished garment. You'll see it most often at cuffs and hems. By adding one little extra step on these areas, you can change the thickness of fabric.

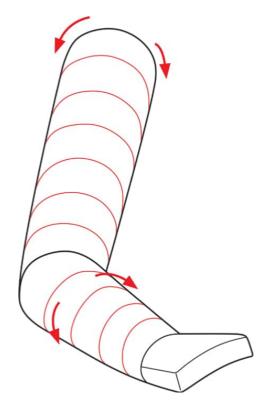


## **Drawing Fabric on a 3-D Form**

Fabric is essentially 2-D. It's very flat, it has height and width, but almost no depth. In this section, you'll learn how to wrap that 2-D object around a 3-D form, the human body. By understanding how to wrap the body in fabric, you'll be able to better identify contact points, areas of tension and force, and where wrinkles appear.

# **Basic Cylinder Form**

Most human body parts, such as arms, legs, and torso, are basically cylinders. Clothes follow the shape of the body, so it's important to think about these shapes when you draw wrinkles.



An arm is a simplified cylinder.



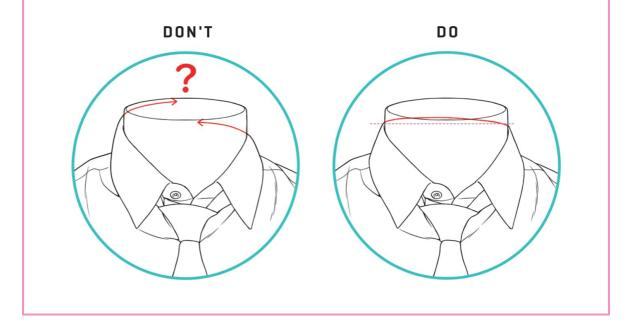
Muscles change the shape of the cylinder somewhat, but it is still a round, tube shape.



Think about wrapping fabric around the arm and pulling it to the back of body. Fabric twists and turns with the contours of the cylinder.

### **COLLARS AND CUFFS**

When you draw a collar or cuff, make sure it is level around the neck. You don't want one side higher than the other. It helps to imagine an invisible line running from side to side around the back of the neck or wrist.



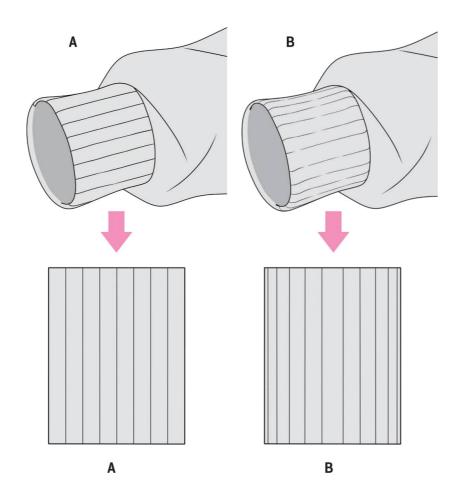
## Perspective

You can bring dimension to your drawing by adding perspective.

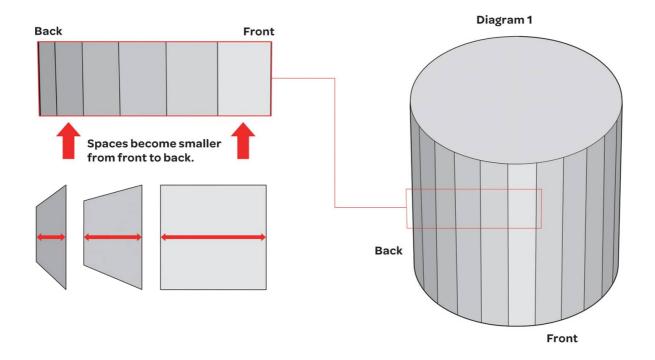
Comparing cuff A and cuff B, you'll see one appears more realistic. The ridge lines of cuff B are drawn with perspective in mind, while cuff A just shows equally spaced lines.

If you simplify both cuffs, it's easier to see the change in the spacing. The spaces are equal all

the way around cuff A. The spaces narrow as they reach the edges on cuff B.



To better understand why the narrow spaces of cuff B look more realistic, let's look at an illustration of a cylinder (diagram 1). If you take a cross section of the cylinder, you'll see it has the same narrowing that appears on cuff B. Perspective compresses the lines as they move from front to back.



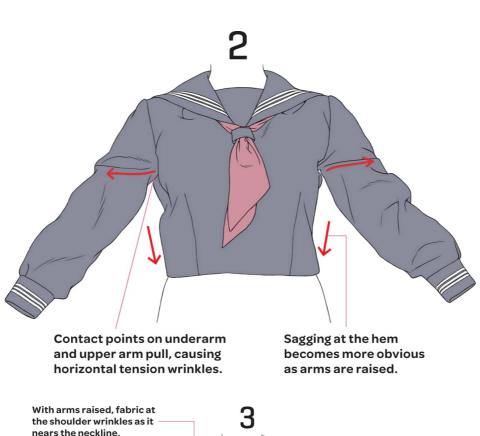
When you tilt a flat surface, you'll see the same effect. As the surface tilts away from you, the back looks narrower. Reduce the spacing to express depth.

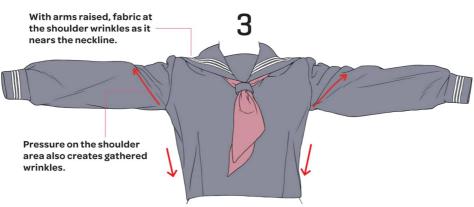
# **When Body Parts Move**

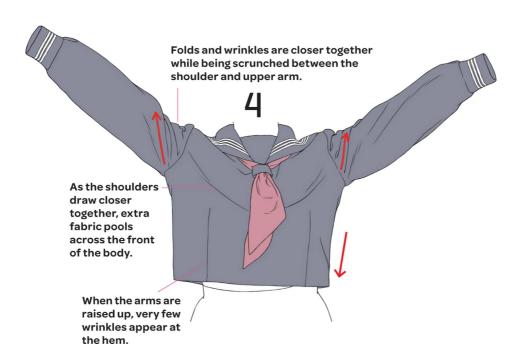
Let's take a look at the movement of wrinkles when body parts move.

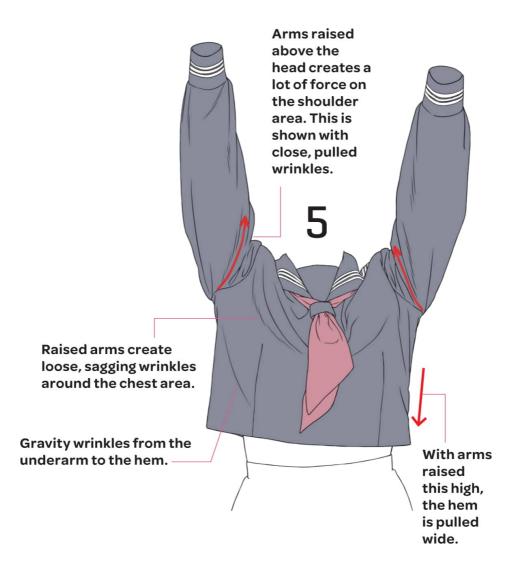
## **Arms**









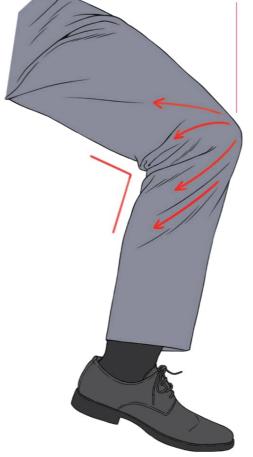


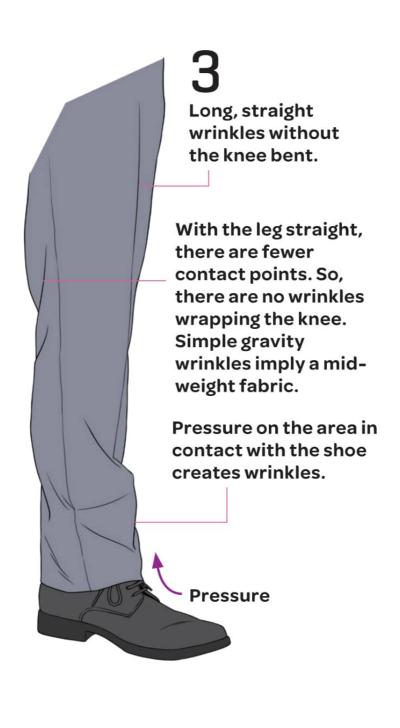
# Legs

With the knee bent, pulled wrinkles form from the front of the knee to the back of the knee.



As the leg begins to straighten, the wrinkles relax and only show around the knee and upper thigh.





## **Understanding Shadows**

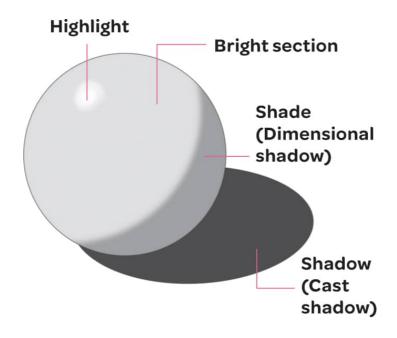
There are two distinct types of shadows. The first is the shadow that is cast by an object blocking direct light. The second is the shadow on the object itself, referred to as shade. Understanding both and adding them to your drawings is another step to creating more realistic illustrations.

## **Types of Shadows**

Shade and shadow are both considered shadows but they have different meanings. Here, we will explain not only differences of shade and shadow but also the important silhouette shadow, called shimakage, and where these are seen on clothing.

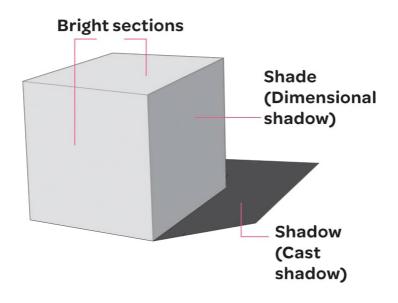
## **SHADE (DIMENSIONAL SHADOW)**

The shaded area of an object shows that it is three-dimensional. The bright section fades to shade where the shape begins to block the light source. Shade appears on the opposite side of light source. This is called a dimensional shadow.



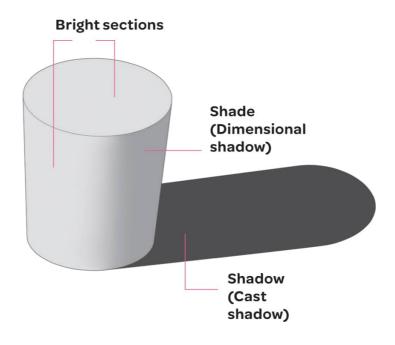
## **SHADOW (CAST SHADOW)**

Shadow is an area of darkness created when a source of light is blocked by an object. The shape of the shadow is the same as the object and appears on the surface closest to the object. This is called a cast shadow.



## **SHIMAKAGE (SILHOUETTE SHADOW)**

Shade and shadow are the most common shadows. However, there is technique in animation called shimakage. This is shadow that does not belong to a particular object. These shadows float like an island in water, so it is called shima (island) -kage (shadow).





Shimakage are shadows cast by wrinkles that may not have wrinkle lines associated with them. If you draw every single wrinkle on a garment, it would be visually overwhelming. So, instead of drawing all the lines, shadows are used to imply dimension.

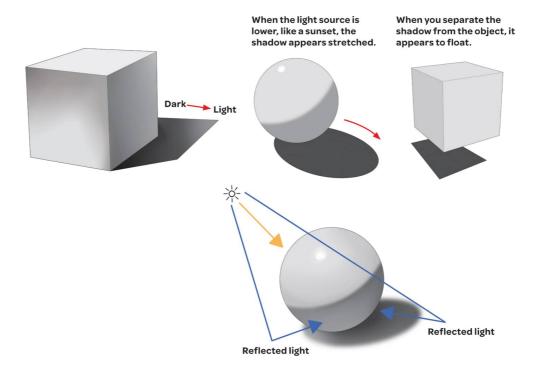
### **NOTE**

Although there are three different types of shadows described here, all are simply called shadows in this book.

### **LIGHT & SHADOW**

### RELATIONSHIP OF SHADOW AND DISTANCE

Shadows are darker closer to the object casting the shadow. The shadow is lighter the further away it is from the object. Depending on the position of shadow, you can represent position of the object or light source.



### **REFLECTED LIGHT**

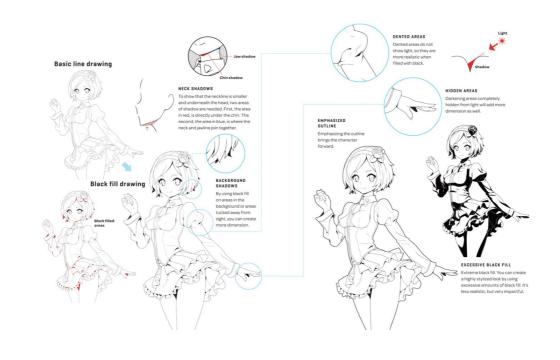
When a shaded area appears to be slightly brighter in some areas, this is caused by reflected light. This happens when light is reflected by the floor or surrounding things.



When you see a dark frame of shadow on hair, it represents reflected light. This method is often used on metals as well.

## **ADDING DIMENSION WITH SHADOWS**

After finishing the line drawing, adding a few simple shadows can greatly improve the dimensionality of your work. Here, I show key areas to add black fill to your work that will add a lot of impact.

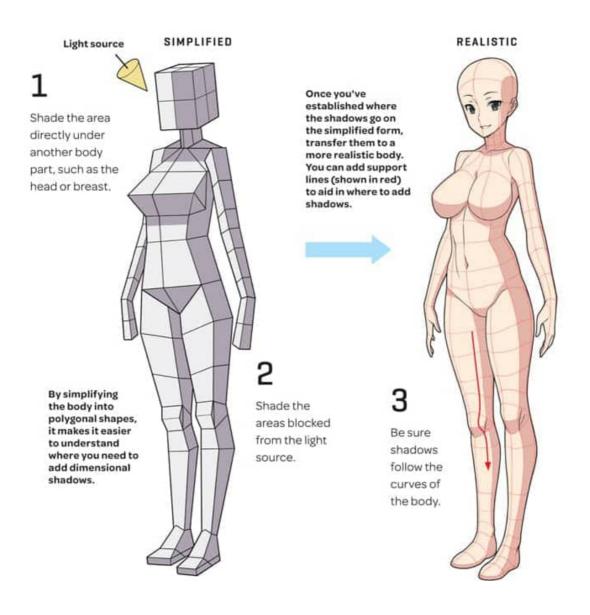


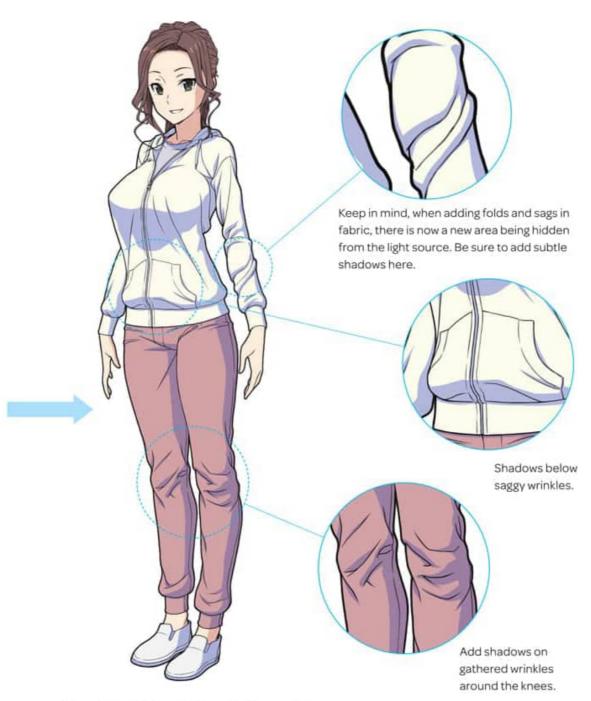
## **Drawing Body Shadows**

There are certain rules when it comes to shadows. When those rules aren't followed, drawings are less believable—something is just off. In this section, you'll learn where shadows fall on the body and on clothing for more realistic illustrations.

# **Shading Basics**

The human body is complex and uneven. Knowing where to add shadows can be a challenge. To understand the basics, let's simplify the human body before adding realism and clothing.

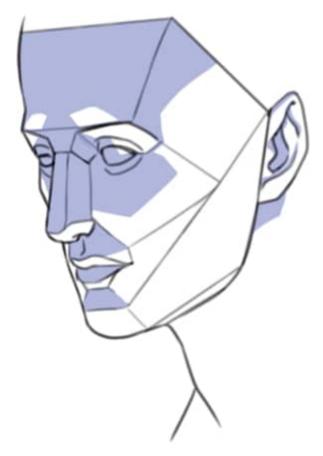




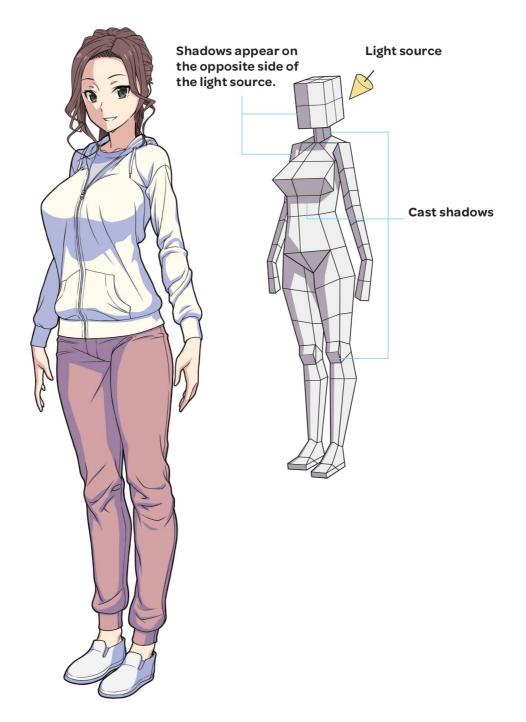
When adding clothing, wrinkles and folds complicate where shadows appear, but they are still falling in the same areas as the simplified drawing.

# **Alternate Light Directions**

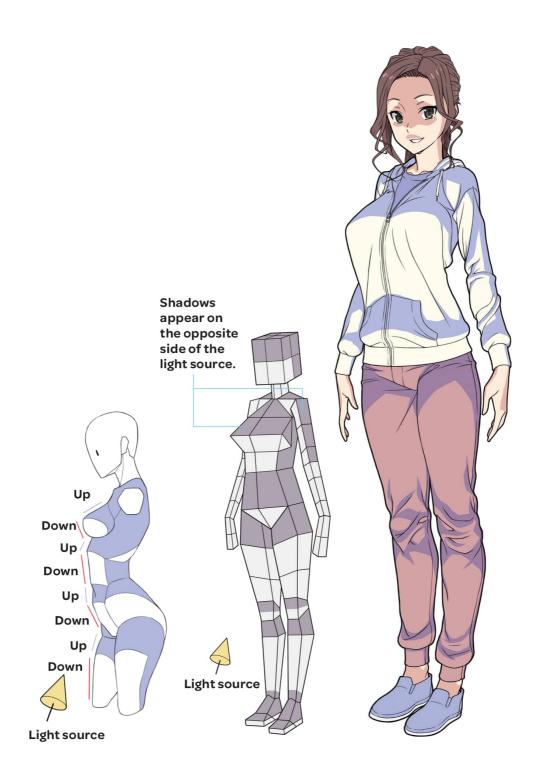
Changing the position of the light source will dramatically affect the position of the shadows on your character's body. It's very important to keep the light source in mind at all times.



Drawing a face in polygonal form makes it easier to see where shadows will fall with an alternate light source.

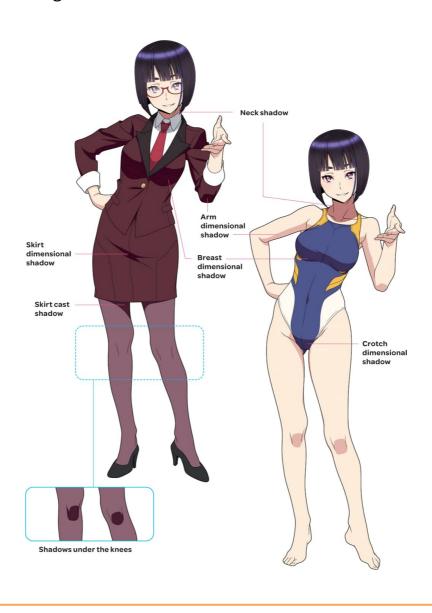


Complex lower angle lighting follows the same rules. So, keep in mind the position of the light source and follow the same techniques for adding the shadows.



### **EXPECTED SHADOW**

Depending on the placement of the light source, some shadows aren't present, but they are expected. Adding these shadows will make drawings more realistic.



## **Combining Wrinkles & Shadows**

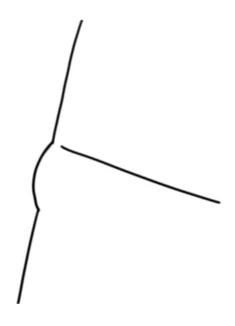
When wrinkles and shadows are combined, manga drawings become more interesting and dimensional. In this section, you'll learn the basics of combining these in specific scenarios for the best end result.

## **Illustrating Folds**

Instead of just making lines when drawing wrinkles and folds, try adding shadows to create more dimension.

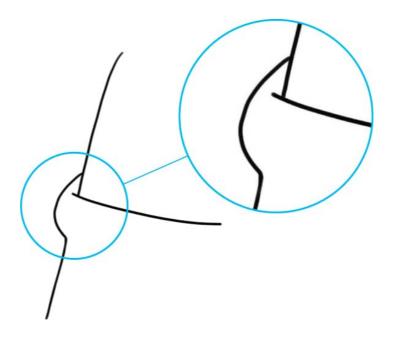
### **FLAT WRINKLES**

Very linear, doesn't appear to wrap around the body. It's not immediately clear where a shadow would fall.



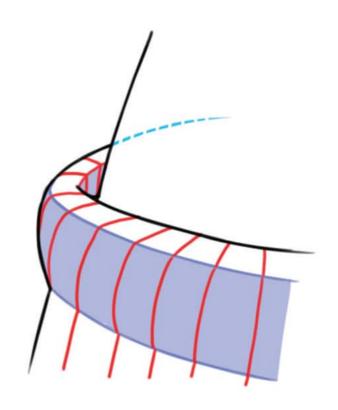
### **DIMENSIONAL WRINKLES**

Arranging the lines to create a fold where one line tucks into another gives the wrinkle more dimension.



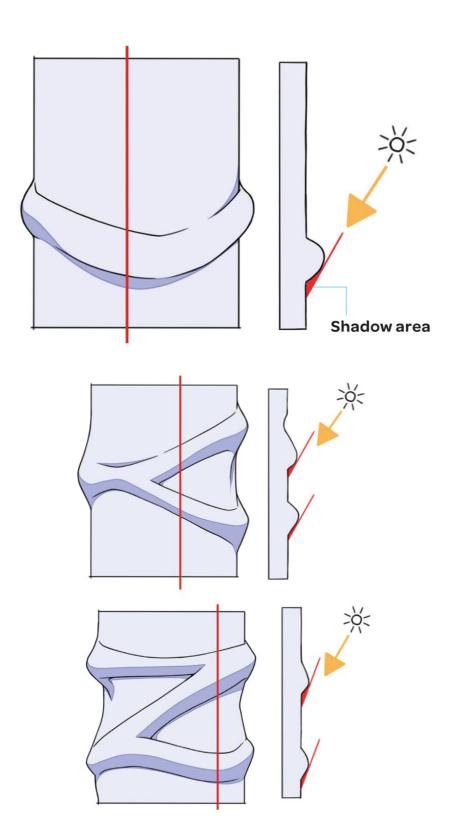
### **ADDING SHADOWS**

When shadows are added to this dimensional wrinkle, you see that there is a small area inside the fold that is shaded, as well as a larger area that is not hidden.

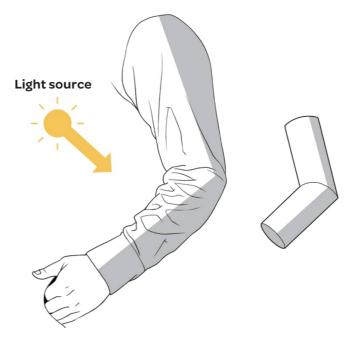


# **Shading Complex Wrinkles**

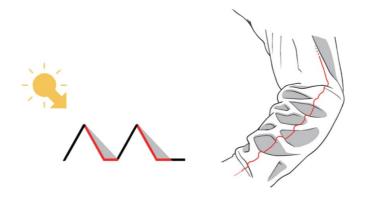
Adding shadow on complex wrinkle areas can be simplified with one easy step. Picture a cross section of your illustration. The cross sections shown here illustrate how the light source is casting a shadow.



# **How to Draw Wrinkle Shadows**



**1** Imagine a simple cylinder shape and add dimensional shading.

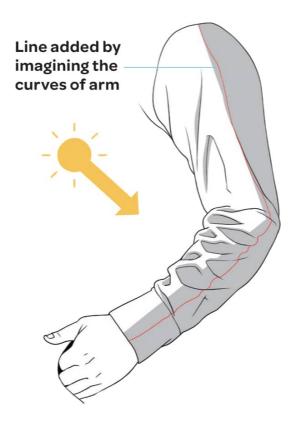


2

Imagine a cross section of the wrinkles and add shadows being cast in the deep areas.



Combine the shading from steps 1 and 2.



## 4

Soften the straight lines added when imagining a simple cylinder to imply the natural curves of the body under the clothing.



5

Remove the hard lines of the shading added in step 1 and add in highlights to the shadows in step 2.

### **ANIME TRENDS**

Drawing styles change over time and the same is true for manga and anime. It's interesting to look at these trends and imagine how this art will continue to evolve in the coming years. Much like fashion trends, we can see old styles coming back with a fresh modern twist.



1990-2000s

Highly detailed shadows and vivid, saturated colors.



**2010s**Soft, simplified details with minimal shading and pastel colors.



## **NOW**

Richer colors and more details. Although, not as intense as the '90s, nor as soft as the '10s.

CHAPTER 02

# **How to Draw Different Garments**

# **The Basic Step-by-Step Process**

In this chapter, you'll find examples of 2-D illustrations with wrinkles and shadows drawn from an actual photo. First, let's walk through the basic steps to follow before trying specific outfits.

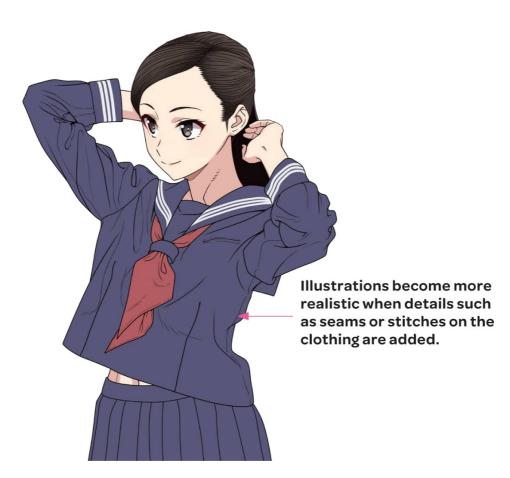
### **Add Wrinkles**

Using an image showing the outfit you want to draw, first look carefully at the original photo. Notice the largest and more well-defined wrinkles and folds. Then, look for the subtle wrinkles that form off the larger ones.

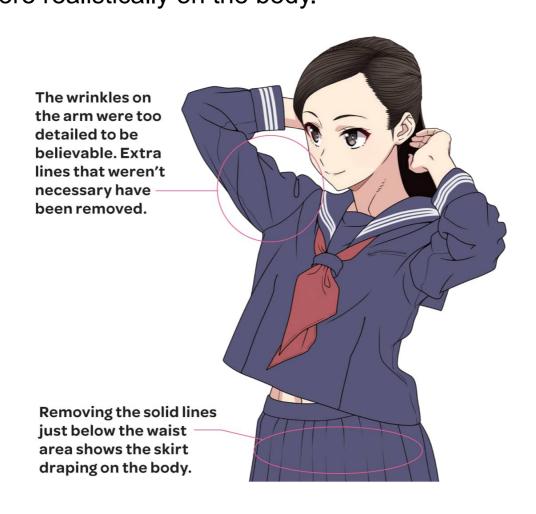
# The first layer of wrinkles are the largest and most noticeable, such as the wrinkles being created by the position of the arms.



2 After adding the largest wrinkles, use the image as a guide to add even more wrinkles. Enhance the drawing with more gravity wrinkles and Y shape, tuck shape, and branch shape wrinkles where you see them. These detailed wrinkles are useful to add shadows later. So, it is important to capture small and detailed wrinkles.



After adding lots of extra detail, sometimes a drawing can look traced. Eliminating some of the extra lines in specific areas where things look overly detailed can actually make it more believable. For example, erasing some of the lines in the pleats of the skirt help make the skirt drape more realistically on the body.



### **Add Shadows**

Shadows are added after the wrinkles have been completed.

# 4. ADD SHADOWS

Again, referencing the image, look for the most obvious shadows, such as under the scarf, arm, and collar.



5 Using the wrinkles drawn in step 2 as a guide, add dimensional shadows to the drawing. Note: Pink shaded areas on the diagrams highlight the shadows being added.



6 Shade silhouette shadows on the areas where needed.



**To add more dimension, darken shadows set deep in recesses, such as the folds of the skirt and under the arms.** 





### **BELIEVABLE SHADOWS**

To make your manga clothing even more realistic, there are two more elements you should consider: gradient and blur. Light bending around objects creates the gradient effect, while distance from another object or light source will soften and blur the edges of shadows.

### **GRADIENT SHADOWS**

Imagine a simplified shape such as a sphere. The shadow created on the side furthest from the light source has a subtle fade from light to dark. This can be applied to clothing, too.



#### **BLURRED SHADOWS**

As shadows are cast, the deep recesses are the darkest areas and the areas along the outer edges, where the shadows are shallow, will have a blurred edge. You see the same effect to the edges of shadows when there is distance between the object casting a shadow and around curved areas.



The shadow on a sphere fades from light to dark. This can be applied to clothing shadows, too.

### **T-shirts**

When drawing a manga character wearing a basic tee, there are several things to consider. Differences in fit and fabric will impact how you draw wrinkles and shadows. In this section, you'll learn everything you need to successfully draw t-shirts on female and male body shapes, whether the clothing is slim or loose fitting.

# Female Tight T-shirt

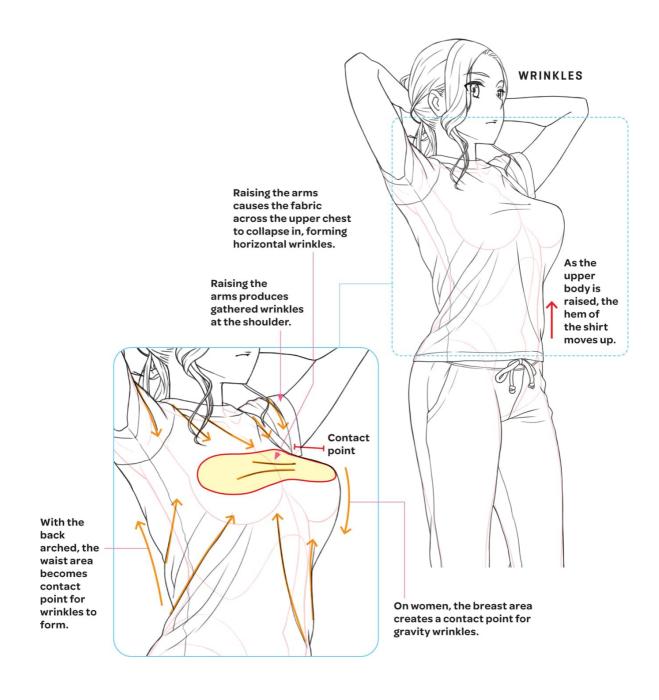
Characteristics: Fitted garments form pulled wrinkles more easily.

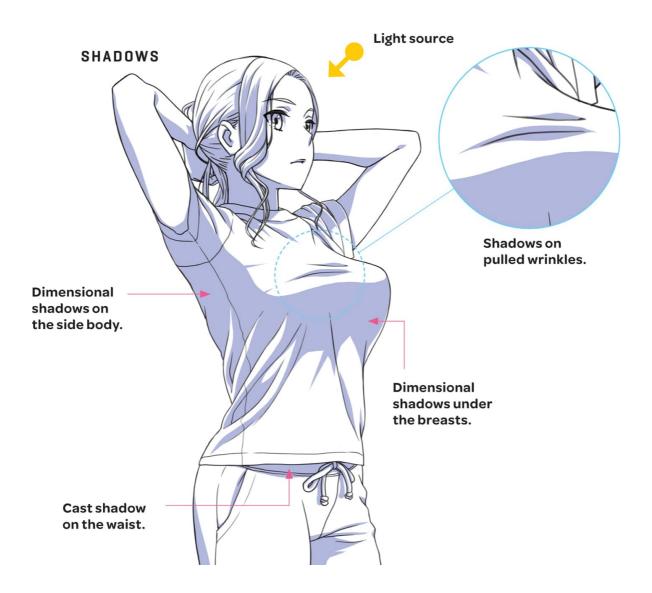
### **LESS WRINKLES**

**Fabric type** 

- Soft
- Slim-fitting







### WRINKLES ON CLOTHES THAT FIT YOUR BODY

There are differences in how wrinkles form on fitted versus loose t-shirts. Here, various body positions are shown when wearing a fitted tee. Compare these to the loose-fitting tee on this page to see the differences.



By pulling up the arms, the fabric of the shirt is pulled up as well. So, there are not many wrinkles around the waist area.



When folding the arms, light wrinkles appear to the direction of arm contact points.



Bending and twisting will create waist contact points. Wrinkles form from the breast area and underarm area to the low back.

### Female Loose T-shirt

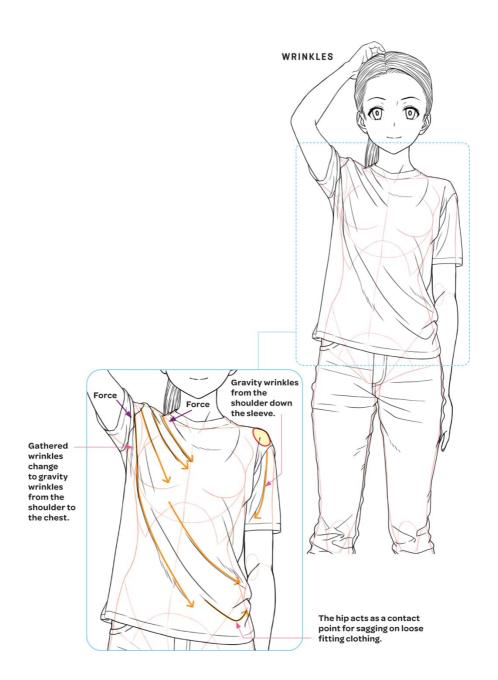
Characteristics: The extra fabric in loose clothing shows more wrinkles in areas where force is applied.

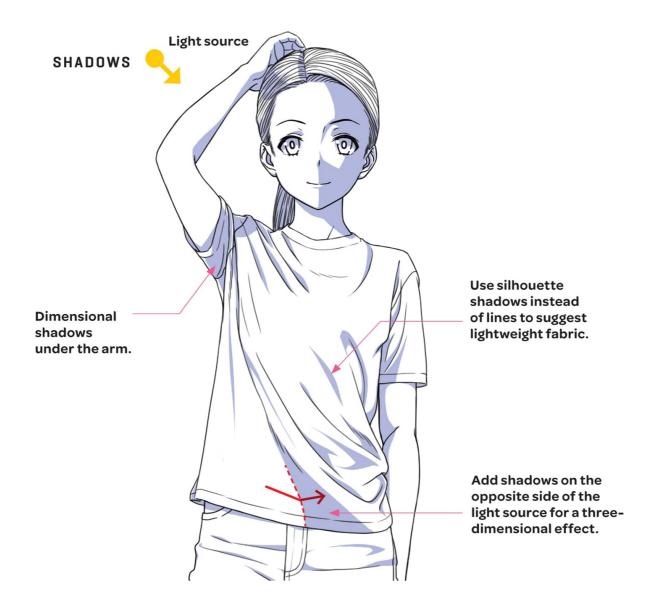
### **MORE WRINKLES**

**Fabric type** 

- Soft
- Loose-fitting







### WRINKLES ON LOOSE-FITTING CLOTHES

Loose clothes tend to have more wrinkles since there is more fabric than necessary to cover the body. When comparing these examples to those on this page, it's clear just how many more wrinkles appear.



With arms raised, loose fabric gathers between the arms on top of the chest. There are almost no wrinkles under the bust.



Crossing the arms in front of the chest causes wrinkles around the arms where they become contact points.



Large wrinkles form in loose fabric when bending and twisting the body. The fabric becomes folded and bulky at the back shoulder and upper chest.

# Male Tight T-shirt

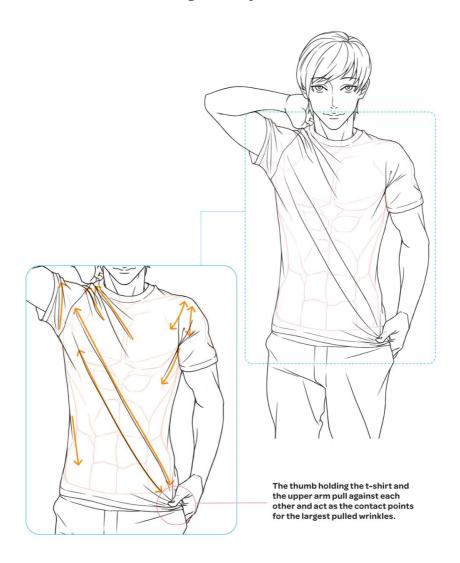
## LESS WRINKLES

- Soft
- Slim-fitting



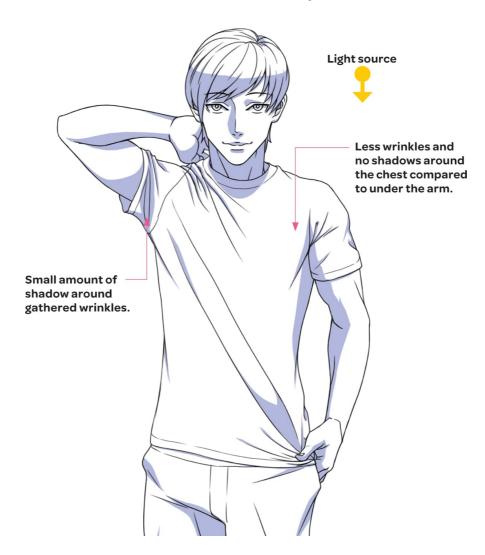
#### **WRINKLES**

A slim-fitting t-shirt lays tight against the torso, upper arms, and shoulders of this model. The pulled wrinkles are very pronounced on tight-fitting clothes and here, the gravity wrinkles are subtle.



#### **SHADOWS**

With a light source directly above the model, shadows will be created on the underside of the arms and in the creases of the pulled wrinkles.



### **WRINKLES ON SLIM-FITTING CLOTHES**



Tight t-shirts create gathered wrinkles around the chest when arms are raised.



A slim-fit shirt doesn't have many wrinkles on the upper back, but when twisting, you can see several pulled wrinkles in the lower back area.



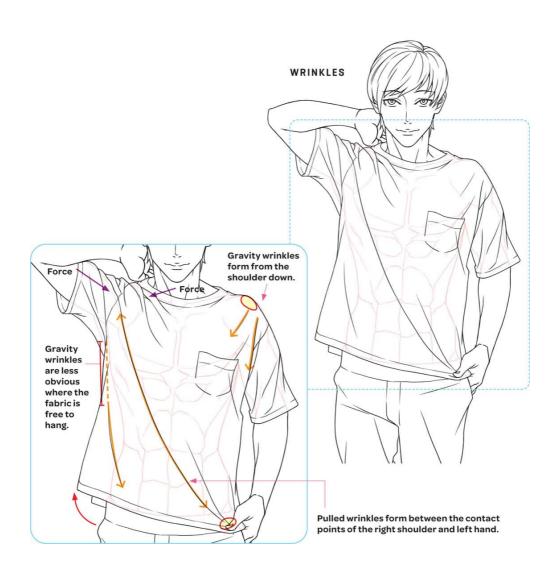
The force created by crossing the arms in front of the chest will create gathered wrinkles around the shoulder area and under the arms.

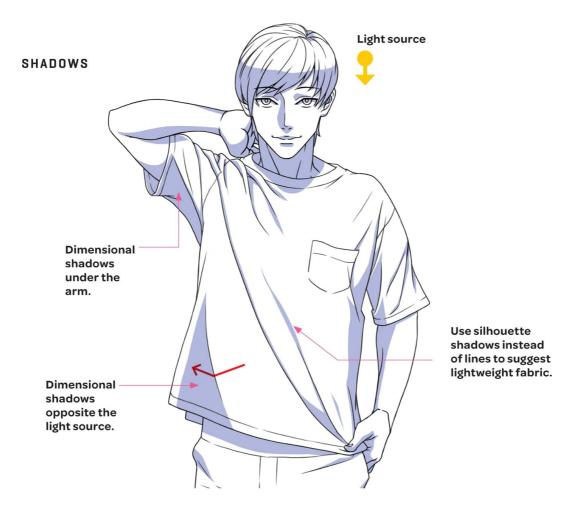
## Male Loose T-shirt

## MORE WRINKLES

- Soft
- Loose-fitting







#### WRINKLES ON LOOSE-FITTING CLOTHES

Women have more contact points on the body around the bust, which results in more gravity and sagging wrinkles in some body positions. Men may have more wrinkles around muscles in the arms when those contact points come into play.



Gravity and sagging wrinkles form between the arms when they're raised. Although, not as many as on a female body.



When sitting, loose fabric bunches up at the waist causing folds and wrinkles.

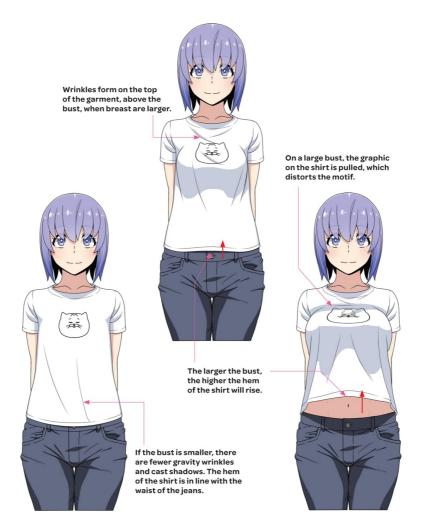


Pulled wrinkles are formed when arms are crossed and excess fabric is pulled tight across muscles and shoulders.

#### **COMPARING WRINKLES ON DIFFERENT BODY TYPES**

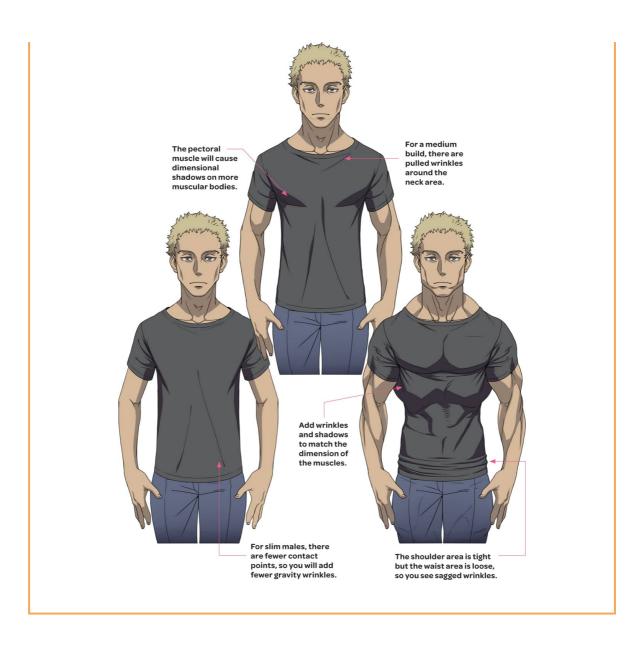
#### **FEMALE BUST SIZE**

The size of a woman's bust will affect the way a garment fits. Here, we compare the same shirt with three different bust sizes.



#### **MALE MUSCLE SIZE**

A character's muscle build will impact the way clothing fits their body. Here, we compare the same outfit on three different physiques.



#### **Uniforms & Costumes**

From sailor, waiter, and maid costumes to blazers, peacoats, and school uniforms, this section walks you through a wide variety of clothing items for manga characters.

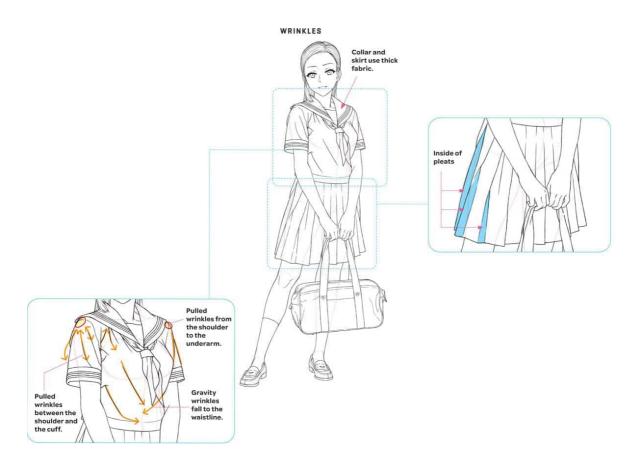
## Sailor Uniform (Summer)

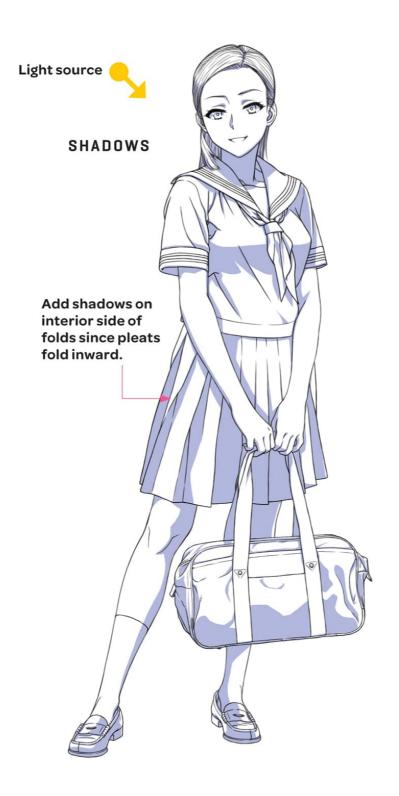
Characteristics: The texture of fabric in costumes like this is thin, yet firm and crisp.

#### **MORE WRINKLES**

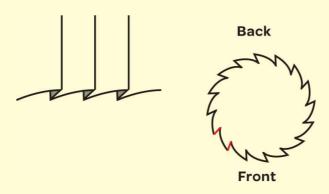
- Thin
- Lightweight
- Stiff







### **PLEATED SKIRT SHAPE**



Pleated skirts can have various shapes, but the most common one for school uniforms is a "side pleat" with all the folds going in one direction.



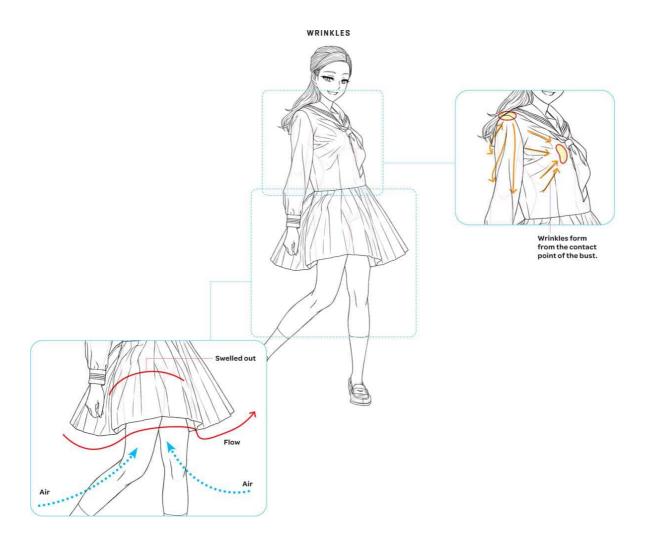
## Sailor Uniform (Winter)

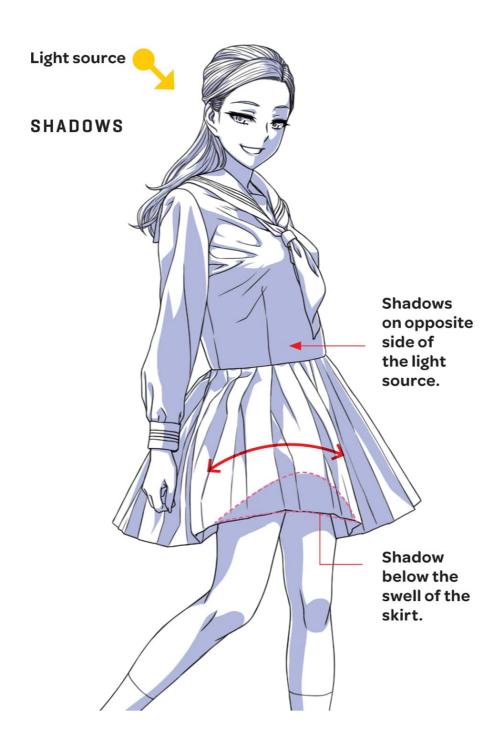
Characteristics: Compared to the summer version of this outfit, the fabric is much thicker.

#### **MORE WRINKLES**

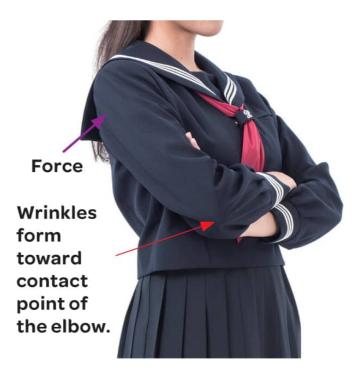
- Thick
- Heavyweight
- Stiff







### **RELATIONSHIP OF MOVEMENT OF ARM AND WRINKLES**



Tension forms between the shoulder and the elbow when arms are crossed. There are fewer wrinkles where the fabric is taut.



With arms clasped in front, excess fabric gathers at the elbow and creates sagging wrinkles and folds.



When the arms are clasped behind the back, the bust becomes a contact point and fabric is pulled back toward the shoulder.

### Female School Uniform

### LESS WRINKLES

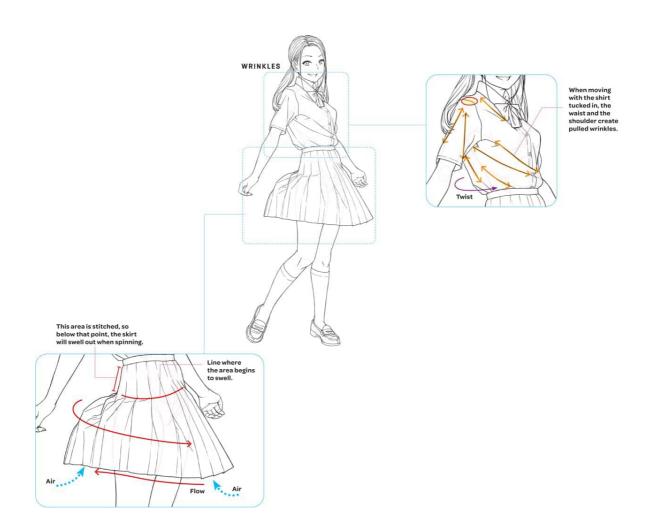
### **Short sleeve blouse**

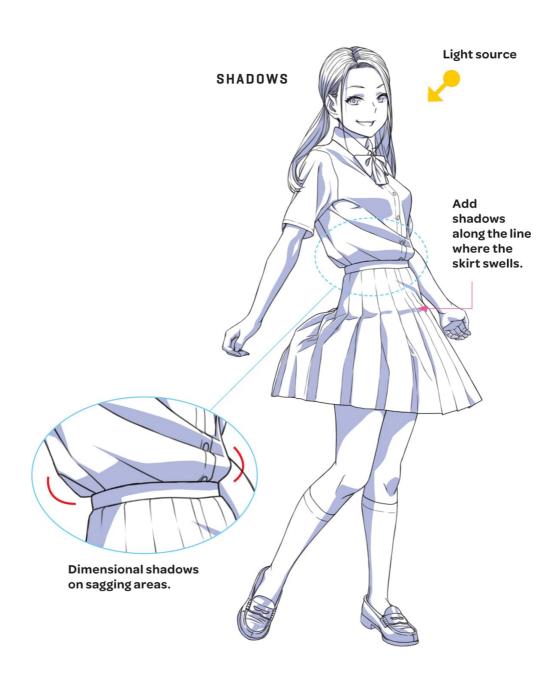
- Soft
- Firm

### **Pleated skirt**

- Thin
- Lightweight
- Firm







## PLEATED SKIRT IN SITTING POSITION ON THE FLOOR



### **Bent knees**



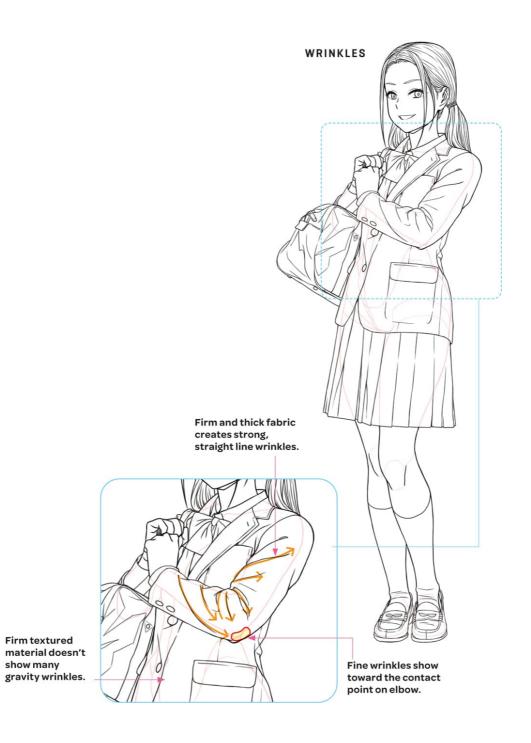
Legs straight

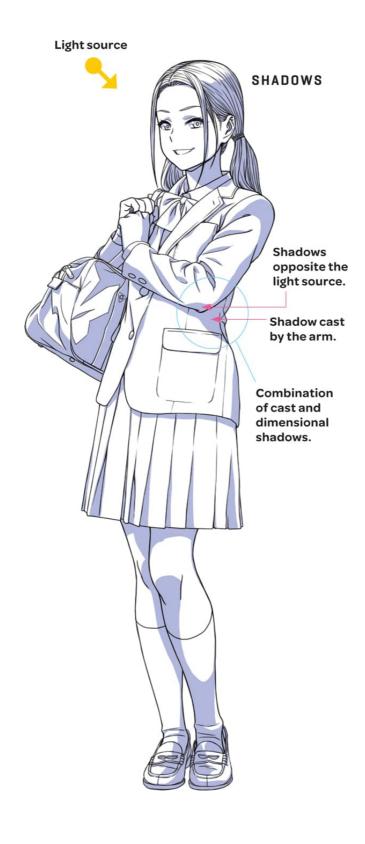
## Female School Blazer

### LESS WRINKLES

- Stiff
- Thick
- Heavyweight







### **RELATIONSHIP BETWEEN BAGS AND WRINKLES**

Holding a bag increases the number of contact points between clothes which leads to more wrinkles.



The backpack pulls up the back of the blazer and creates gathered wrinkles around the waist.



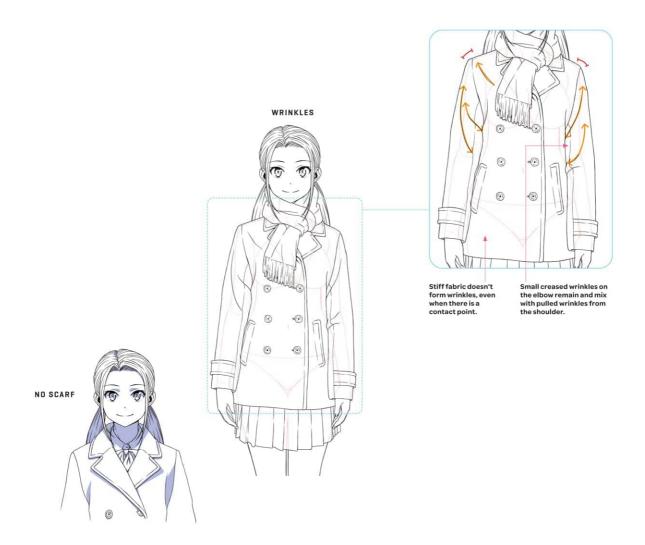
Fabric under the handle of the bag is bunched and pulled, causing more wrinkles.

## **Peacoat**

## LESS WRINKLES

- Stiff
- Thick
- Heavyweight









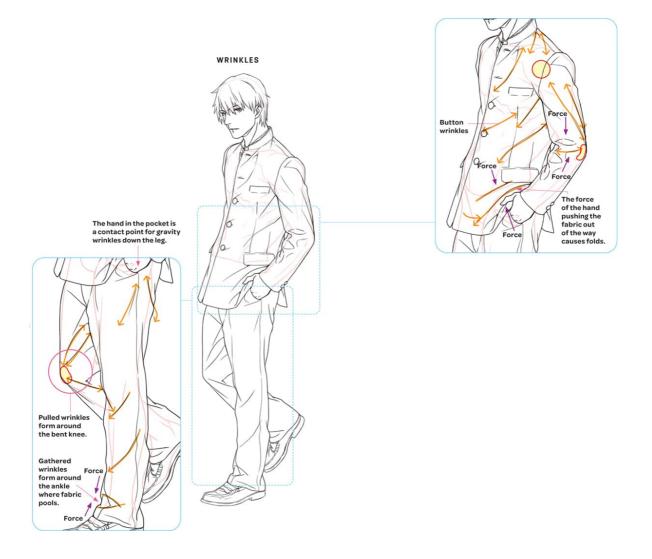
# Gakuran (Japanese School Uniform)

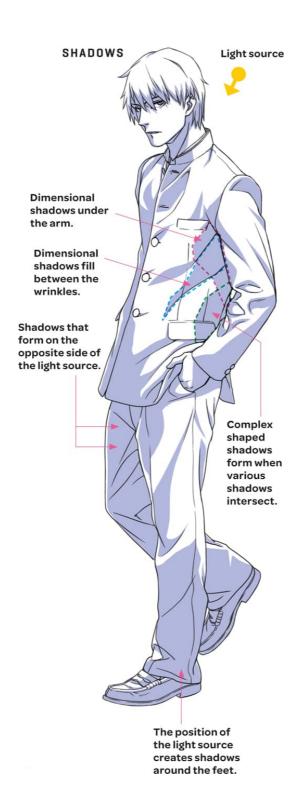
# LESS WRINKLES

# Fabric type

- Stiff
- Firm
- Heavyweight









# **Male School Uniform**

### **MORE WRINKLES**

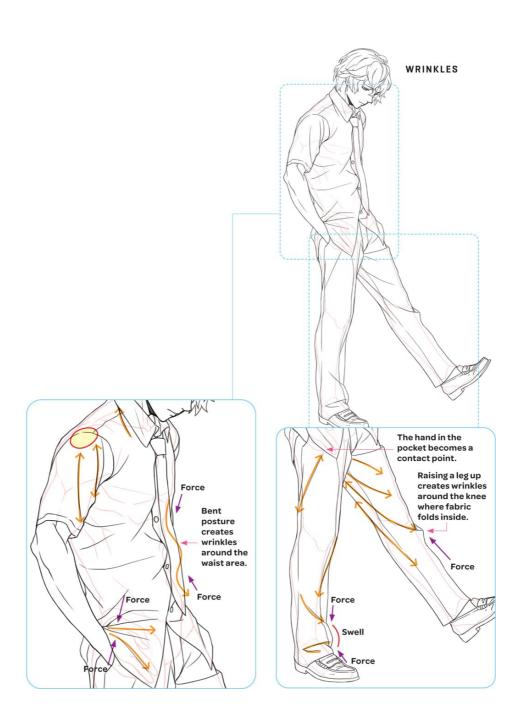
### **Button-down shirt**

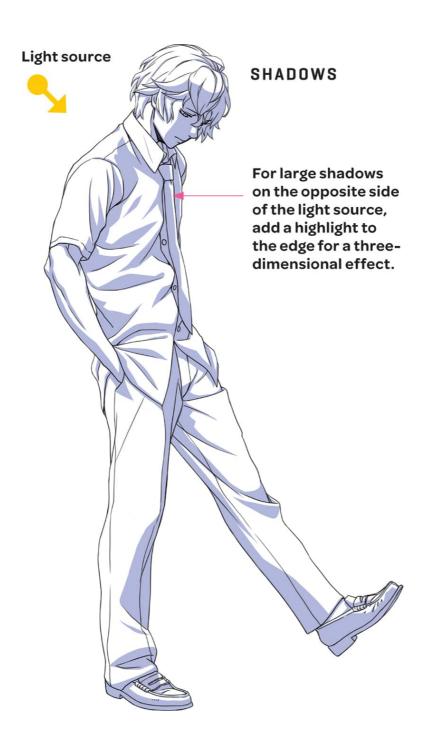
- Soft
- Stiff
- Lightweight

### Slacks

- Crisp
- Stiff
- Mediumweight

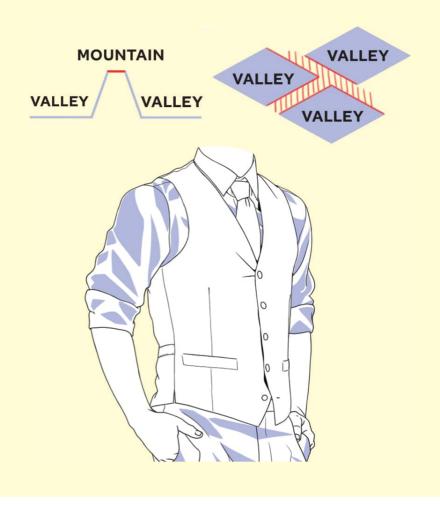


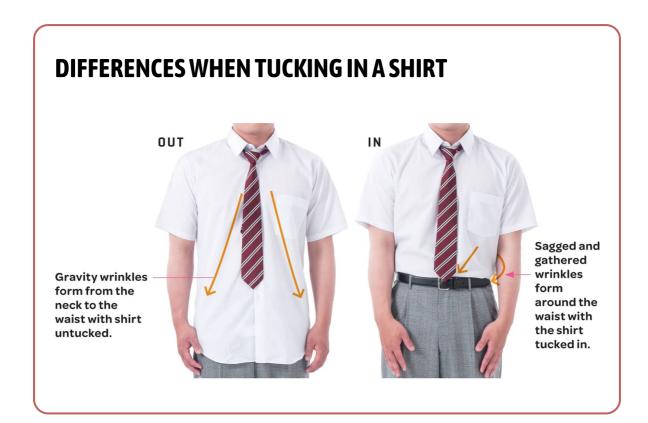




### **BUTTON-DOWN SHIRT SHADOWS**

On crisp button-down shirts, you will see strong wrinkles with deep shadows. Although the fabric is lightweight, it is stiff, which makes it difficult to form small wrinkles. Make these shirts more realistic with diamond or triangle shaped shadows.





# Male School Blazer

# LESS WRINKLES

### Blazer

- Stiff
- Firm
- Heavyweight



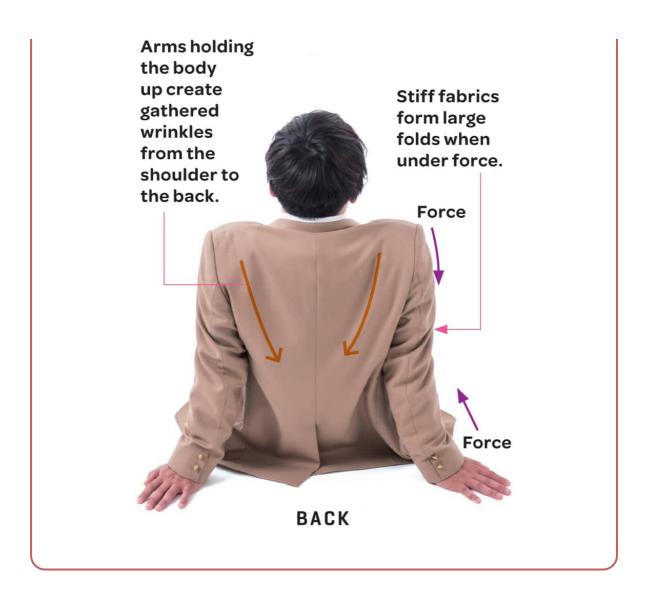




# **BLAZER WRINKLES WHEN SITTING**



FRONT



### **ADDITIONAL POSES IN SCHOOL UNIFORMS**

Depending on your character's pose, the wrinkles and shadows that appear on their clothing will change. Here are a variety of poses you can practice drawing. Special areas to pay attention to have been called out.





# **Female Office Clothes**

### **MORE WRINKLES**

#### **Blouse**

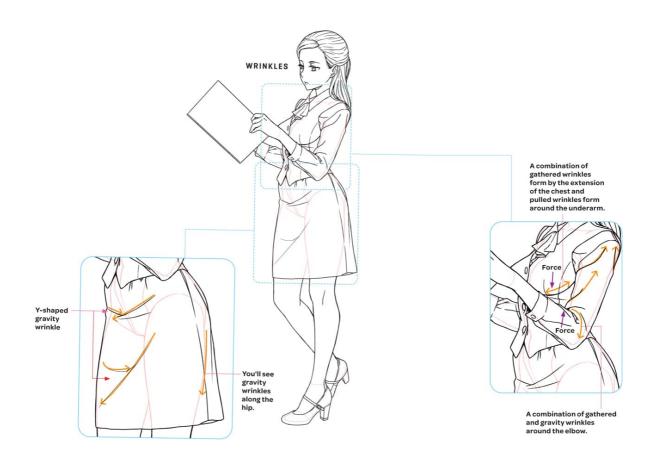
- Soft
- Lightweight

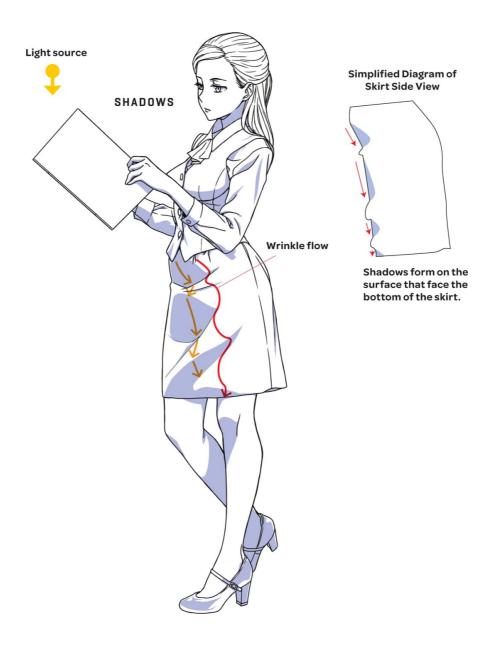
### **LESS WRINKLES**

#### Vest and skirt

- Stiff
- Firm
- Heavyweight







### WRINKLES MADE WHEN BENDING

Pulled wrinkles form from the contact point of hip and gathered wrinkles from bending the back.



Pulled wrinkles form from the contact point of the thigh.

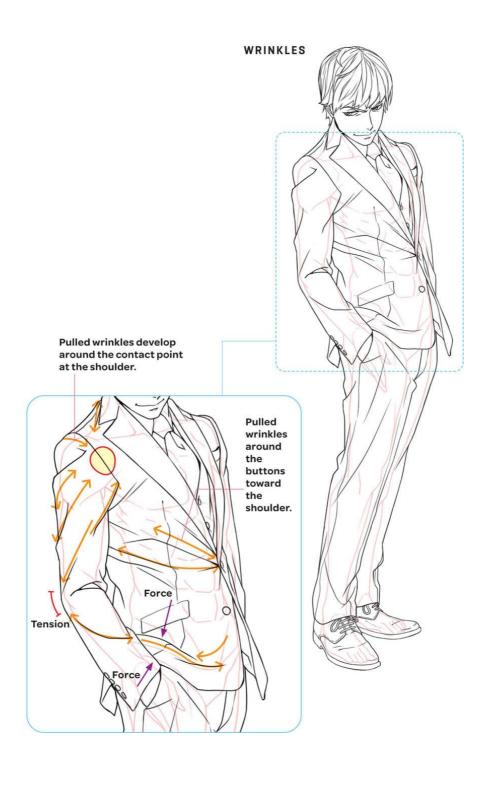
# Male Suit

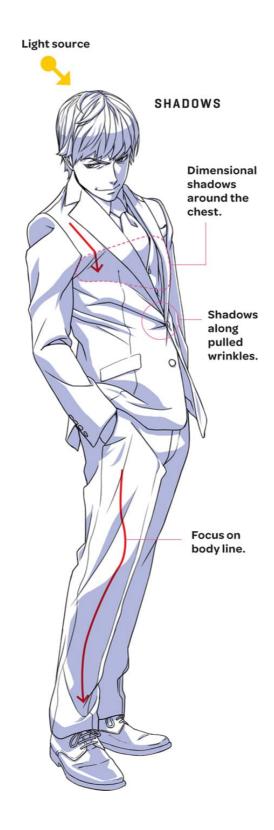
# MORE WRINKLES

# Fabric type

- Stiff
- Firm
- Heavyweight







# WRINKLES WHEN SITTING IN A CHAIR





### **Male Vest**

Characteristics: Without sleeves, a vest has fewer contact points, which means there are fewer wrinkles.

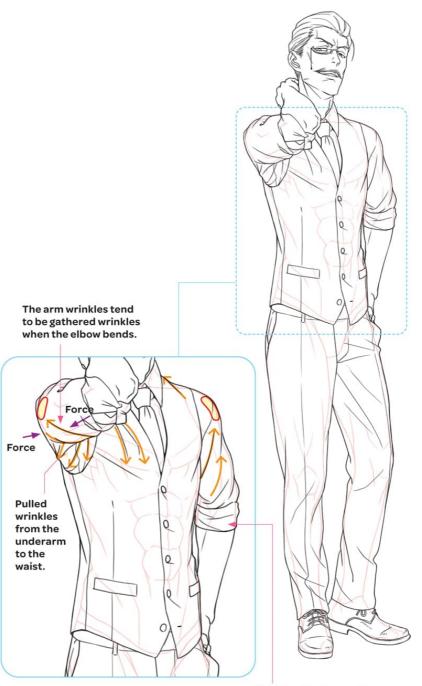
### LESS WRINKLES

#### Vest

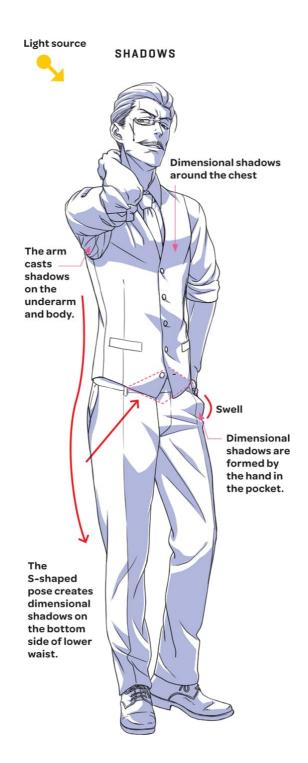
- Stiff
- Firm
- Heavyweight



#### WRINKLES



Wrinkles that form when you roll up sleeves have several wrinkle shapes.



# **WRINKLES AND TIES**



Wrinkles form from the shoulder to the tie when it is pulled to one side.



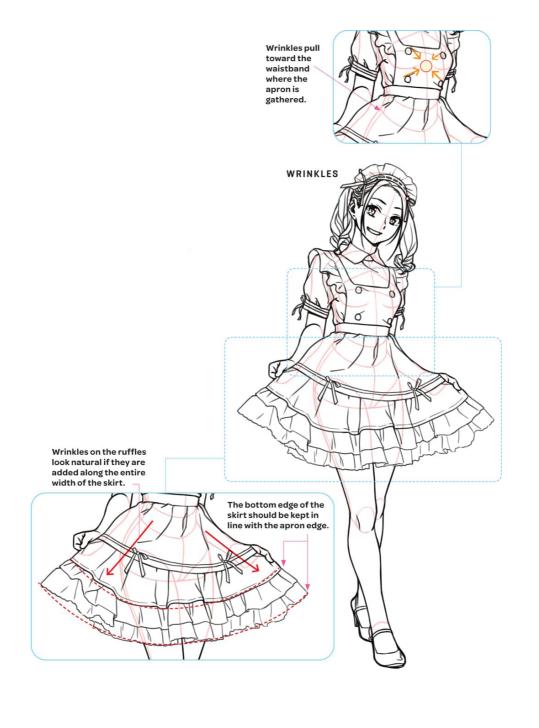
## **Maid Costume**

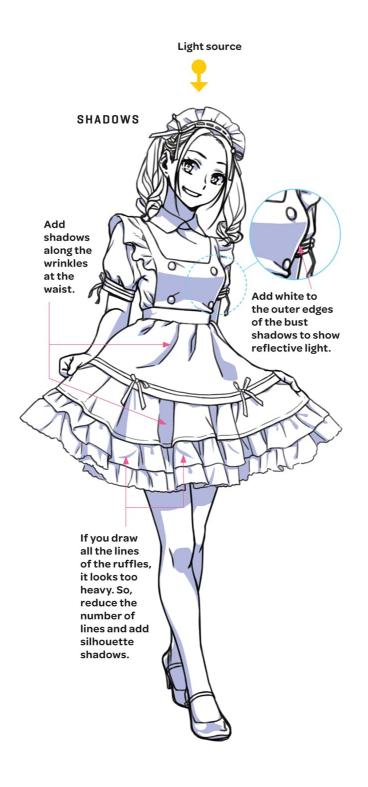
### MORE WRINKLES

## Fabric type

- Soft
- Lightweight







## **MAID COSTUME DETAILS**



FRONT



BACK

## **Waiter Uniform**

#### **MORE WRINKLES**

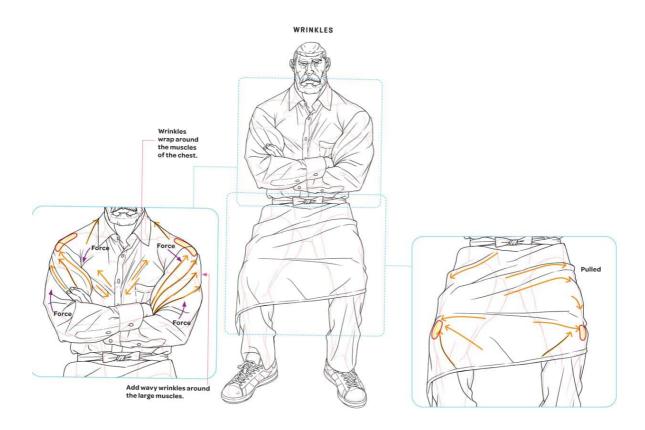
### Apron and pants

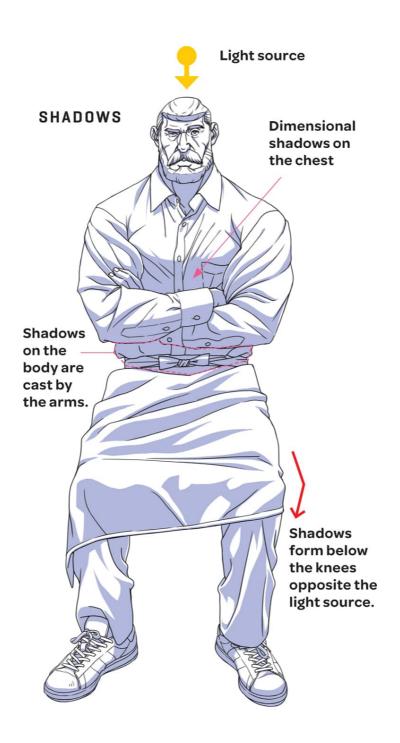
- Thick
- Heavyweight

#### Shirt

- Thin
- Lightweight







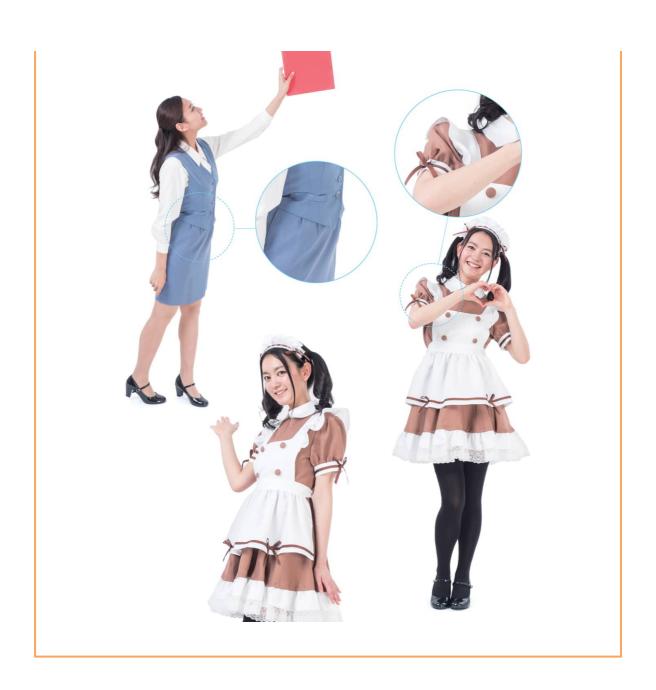
## **APRON WRINKLES**





## ADDITIONAL POSES IN OFFICE CLOTHES AND MAID COSTUME





#### **Skirts & Dresses**

The fit of a skirt or dress has a direct impact on how the garment wrinkles. For example, a tight-fitting skirt will have more wrinkles than a loose-fitting skirt. In this section, you'll find a variety of common skirt and dress styles.

### **Tight Skirt**

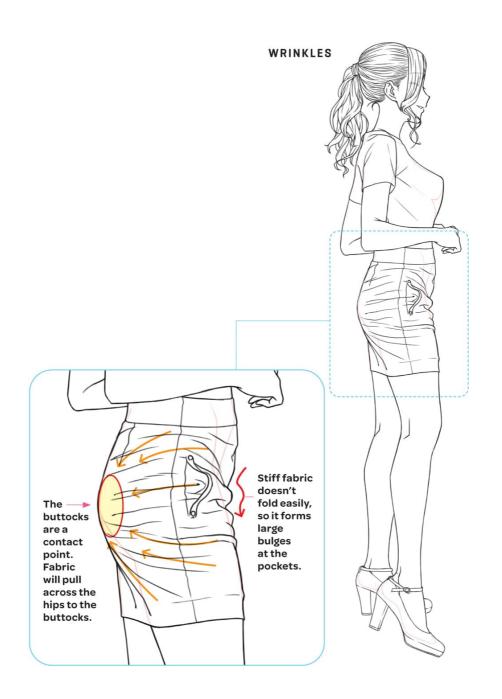
Characteristics: Clothes that fit tight to the body often have more wrinkles.

#### **MORE WRINKLES**

**Fabric type** 

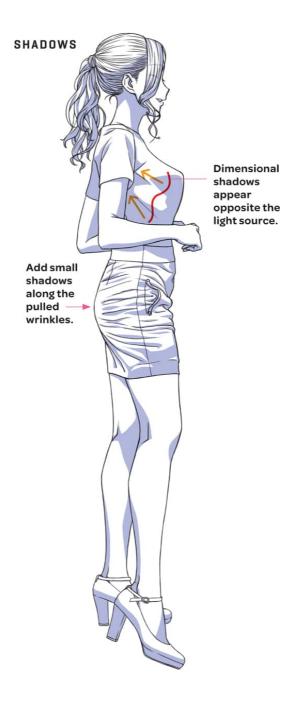
- Stiff
- Firm
- Mediumweight





#### Light source





### **MOVEMENT OF LEGS AND WRINKLES ON TIGHT SKIRTS**



Stiff fabric swells at the pocket when the hip is bent.





### Mini Skirt

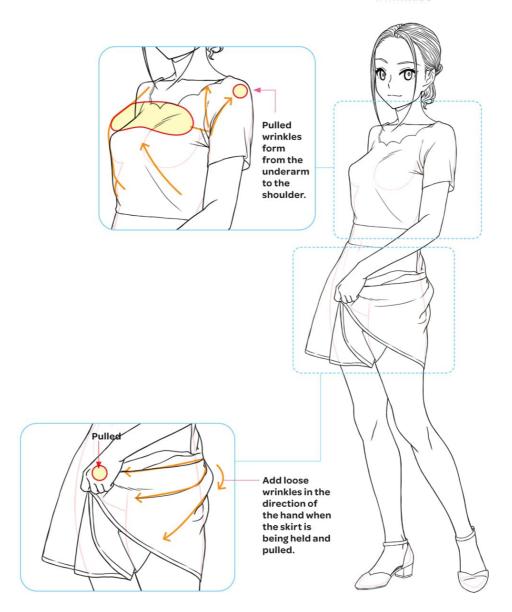
## MORE WRINKLES

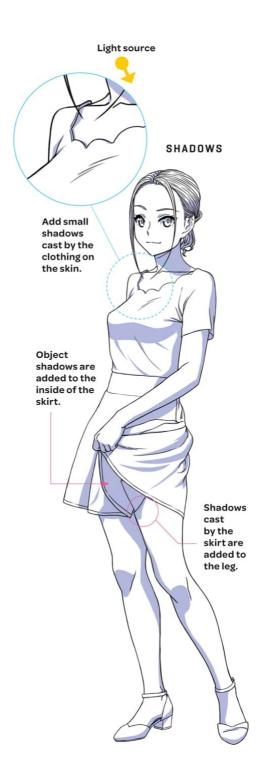
## Fabric type

- Soft
- Flowy
- Lightweight



#### WRINKLES





# MOVEMENT OF SKIRT WHEN SQUATTING



#### **Gathered Skirt**

Characteristics: Gathered skirts with elastic waistbands have large areas of wrinkles along the waist where the fabric bunches.

#### **MORE WRINKLES**

#### **Gathered skirt**

- Soft
- Mediumweight

**Short sleeve blouse** 

- Soft
- Lightweight

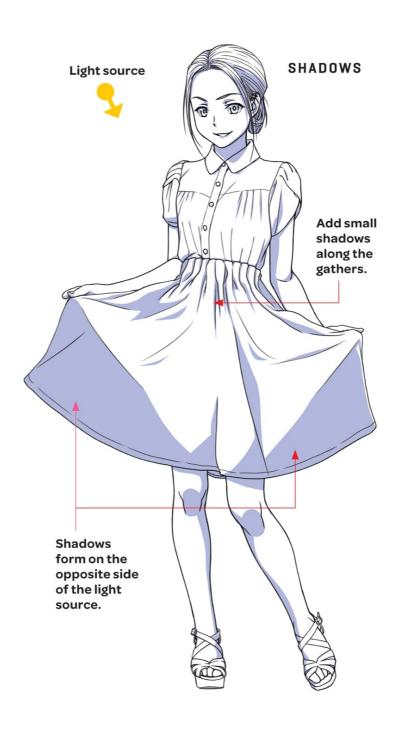


The gathers in the blows agreed out across the contact point of the bust, and then gather spain at the wait.

Take a closer look at the writing the windless forming the whoulder with the gravity wrinkles. WRINKLES

Be aware of the drape of the bust, and the position.

Be aware of the drape of the bust, and the gravity wrinkles become sugge when lifted up and to the side.



## **SKIRT WRINKLES WHEN BENDING**



#### Flared Skirt

Characteristics: Flared skirts have a lot of excess fabric. When the skirt is raised to curtsy, you'll see draped wrinkles.

#### **MORE WRINKLES**

#### Flared skirt

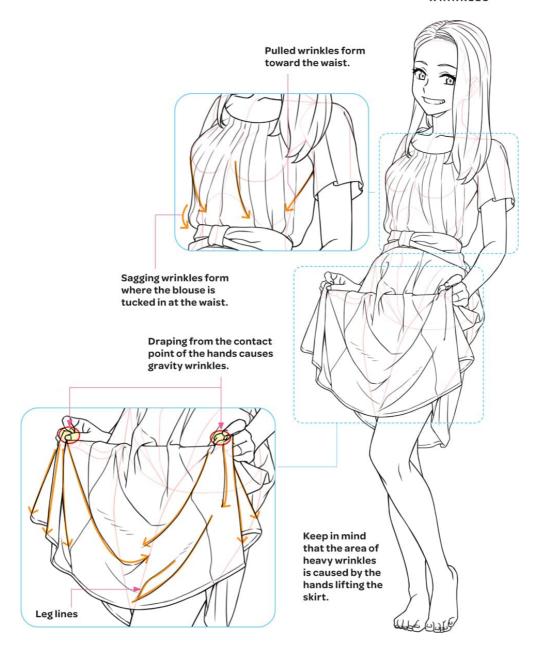
- Soft
- Mediumweight

**Short sleeve blouse** 

- Crisp
- Lightweight



#### WRINKLES



# SHADOWS Shadows follow the flow of the sleeve wrinkles. The crescent shape of the shadows mimics the shape of the wrinkles. Careful when shading along the leg line.

Light source

### **WRINKLES ON A SOFT SKIRT**



Wrinkles on soft material follow the movement of the body.



Wrinkles flow toward the contact point at the waist.

### **Tulle Skirt**

Characteristics: Tulle skirt pleats are consistent around the waist and gently become wider toward the hem.

### **MORE WRINKLES**

#### **Tulle skirt**

- Soft
- Thin
- Lightweight

### **LESS WRINKLES**

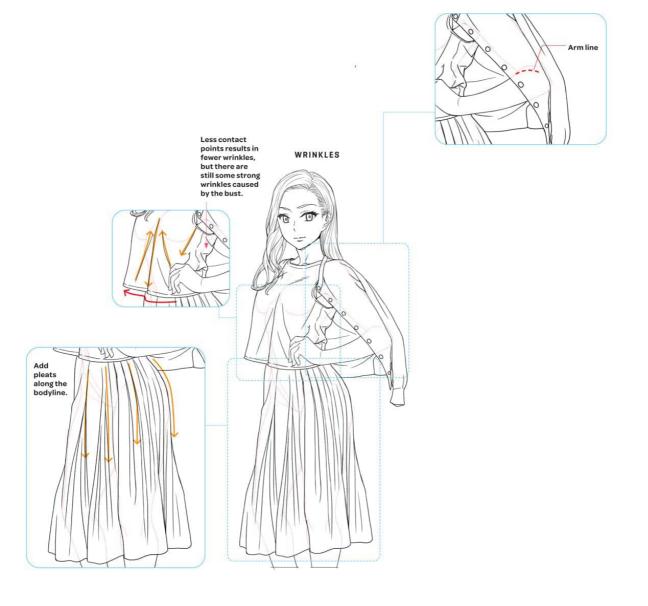
Sleeveless tank top

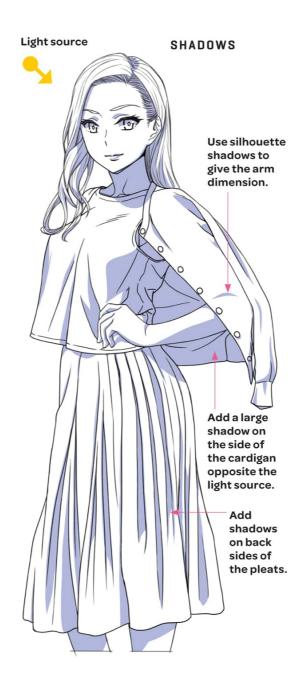
- Stiff
- Heavyweight

### Cardigan

- Soft
- Mediumweight







### WRINKLES ON TULLE SKIRT PLEATS



Sagging wrinkles form on the area that touches the floor.



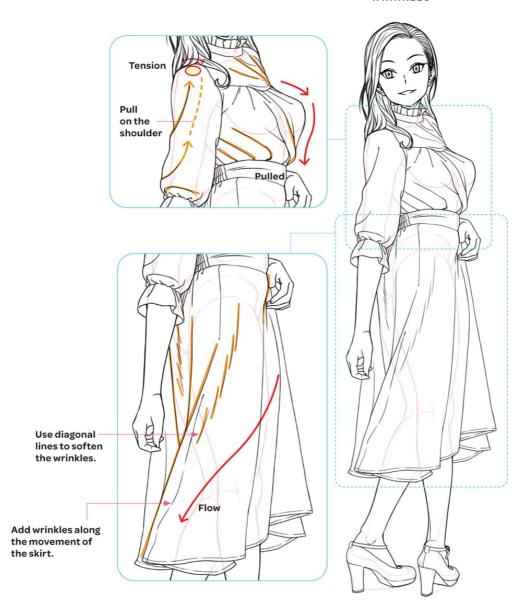
# High-low Skirt

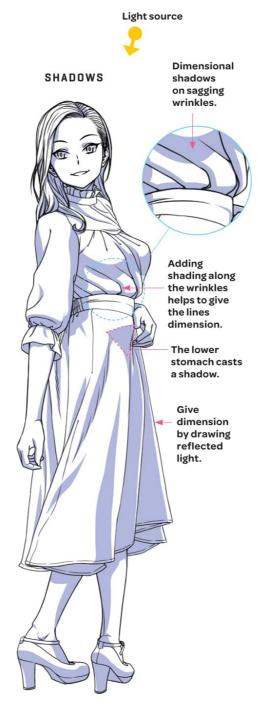
### LESS WRINKLES

- Firm
- Mediumweight



#### WRINKLES





### **WRINKLES ON LONG SKIRTS**



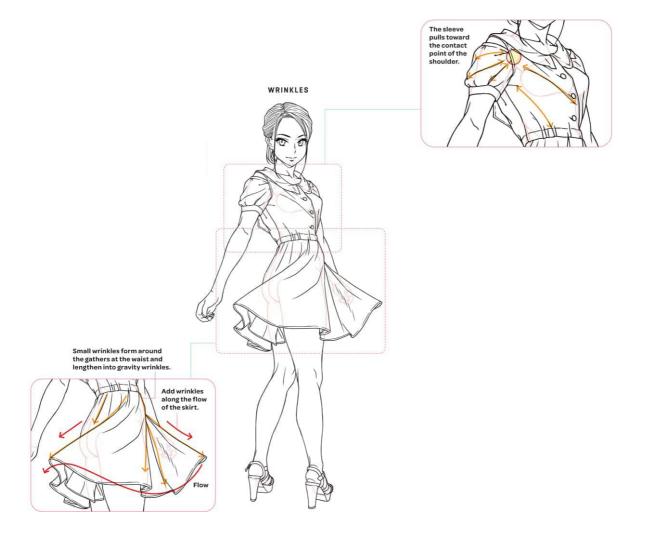


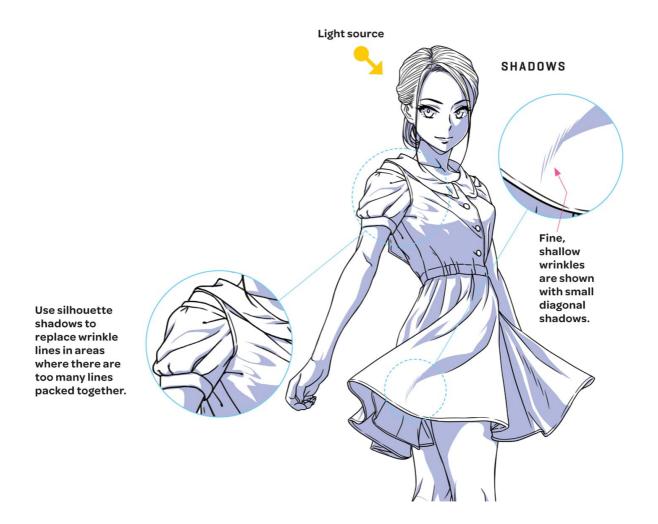
# **Dress with Flared Skirt**

### LESS WRINKLES

- Soft
- Lightweight









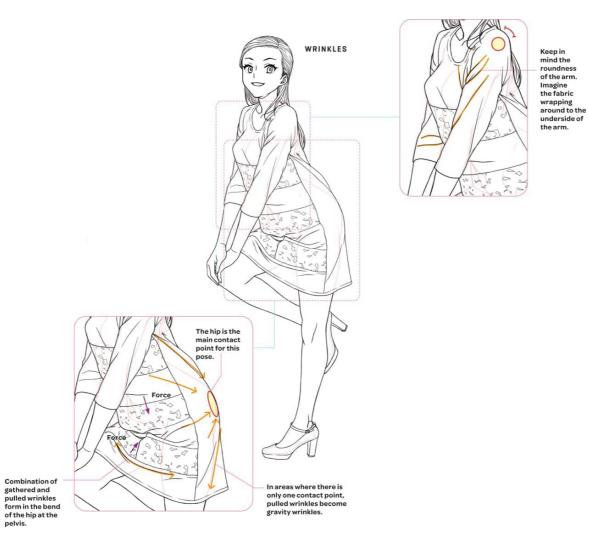
### **Dress with Lace Panels**

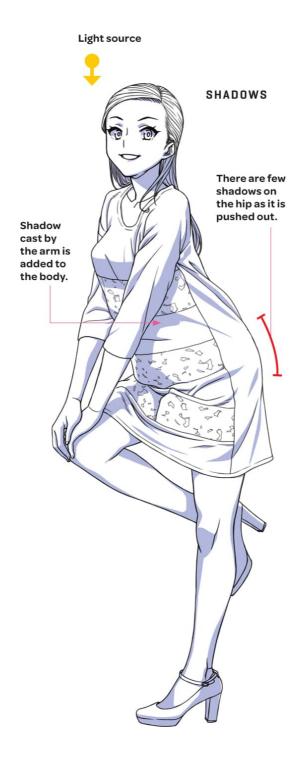
Characteristics: The lace panels on this dress make the fabric thicker in those areas, which will result in less wrinkles.

### **LESS WRINKLES**

- Soft
- Stiff
- Mediumweight







# **WRINKLES ON STIFF DRESS FABRIC**



When the body is twisted, tension is created between contact points and small pulled wrinkles will form.

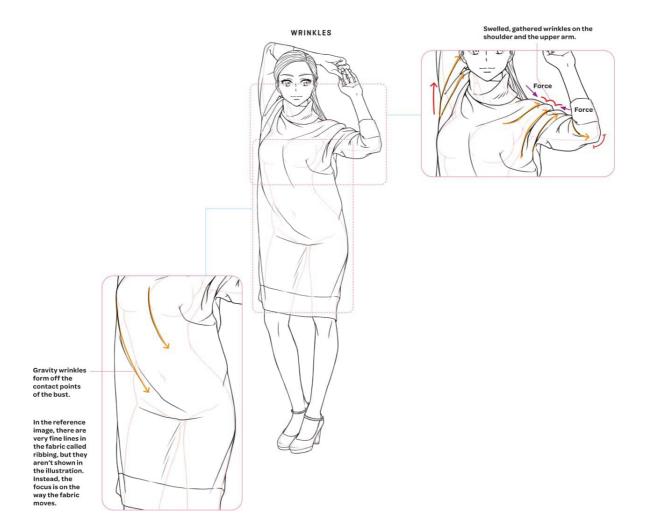
Stiff materials produce fewer wrinkles when standing.

### **Sweater Dress**

### LESS WRINKLES

- Soft
- Squishy
- Mediumweight







# WRINKLES ON SOFT, THICK FABRIC



Wrinkles gather around the contact point of the hand. Drawing the wrinkles with a curve to them rather than straight will show the body is bending and twisting.



### **COMPARING SKIRTS**

The graph shown here compares the length and fabric weight of the skirts in this book. Understanding how skirts move and flow based on the fabric weight and length will make it easier to draw the wrinkles and shadows on each.



#### **Pants**

Whether full length jeans or jersey shorts, you'll find a wide selection of pants in this section. Hips, buttocks, and knees are all key contact points to pay attention to as you add wrinkles and shadows to your drawings.

# **Skinny Denim Jeans**

#### MORE WRINKLES

**Denim jeans** 

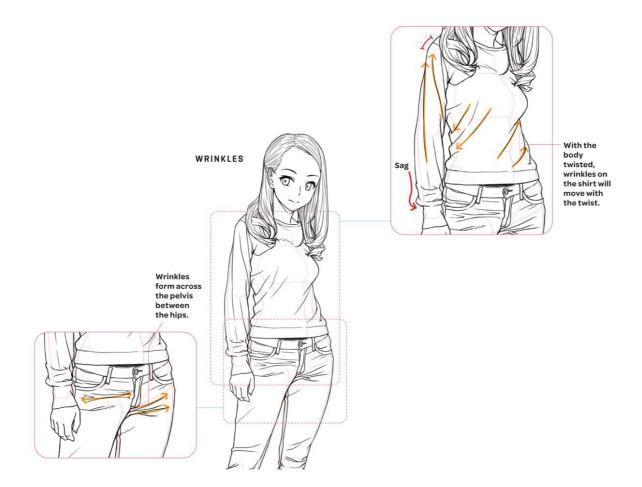
- Stretch
- Tight-fitted
- Mediumweight

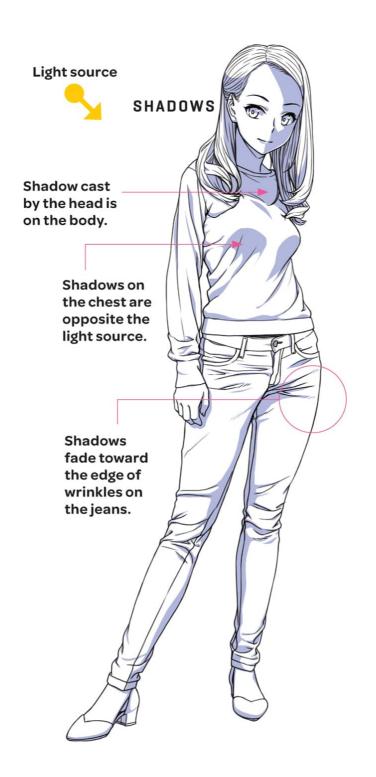
LESS WRINKLES

Long sleeve tee

- Soft
- Mediumweight

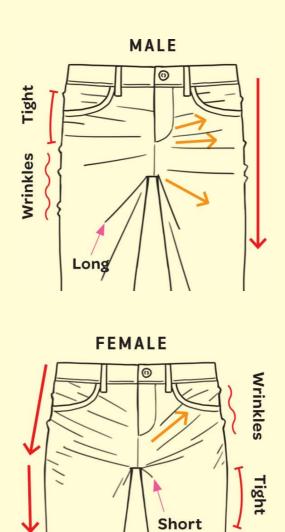






### **DIFFERENCES IN FIT BASED ON GENDER**

Men and women have different body shapes. The female pelvis is curvy, while the male pelvis is broader. The fit in the groin area is also different. Compare the fit of jeans for genders on the illustrations shown here.



### **STRETCH FABRIC IN DIFFERENT POSITIONS**





# **Cropped Pants**

### **LESS WRINKLES**

## **Cropped pants**

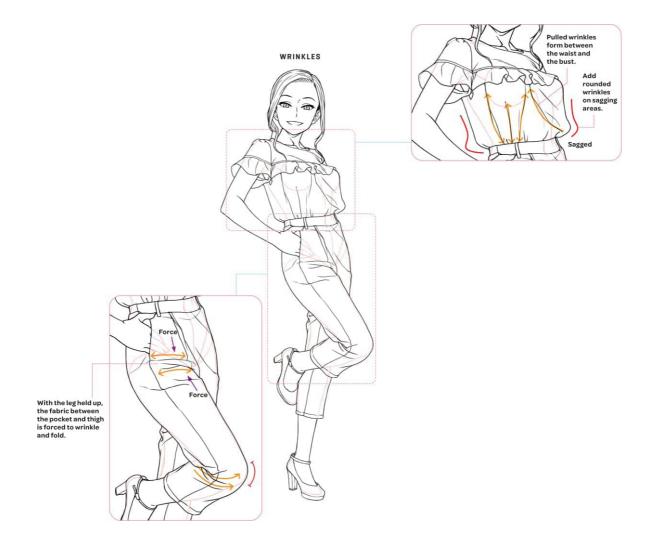
- Soft
- Heavyweight

### **MORE WRINKLES**

### **Ruffled blouse**

- Soft
- Lightweight







### **WRINKLES ON HIGH WAISTED PANTS**

When pants have a high waist, there are more wrinkles around the pelvis due to the force the upper body adds.



## **Denim Shorts**

### **MORE WRINKLES**

#### **Denim shorts**

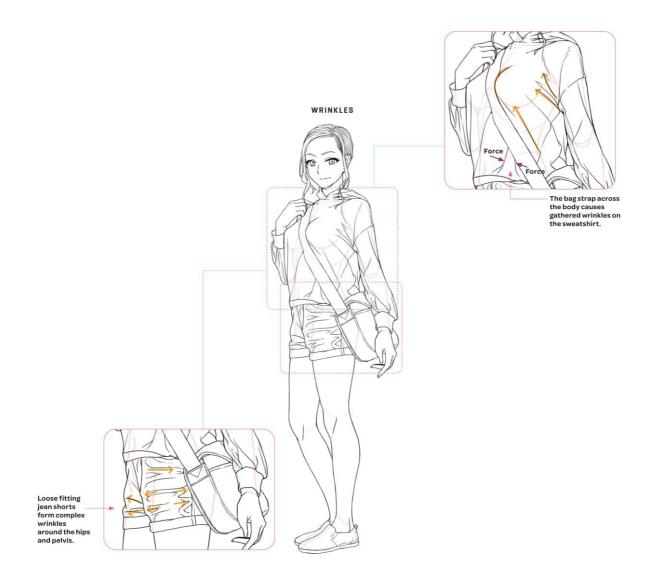
- Loose-fitting
- Mediumweight

### **LESS WRINKLES**

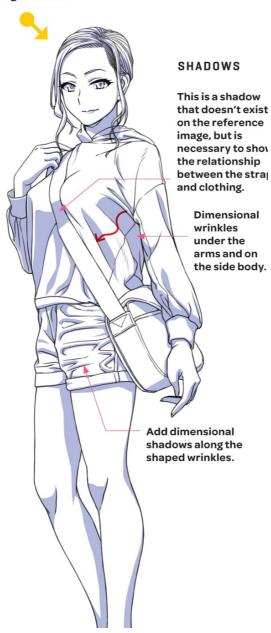
#### **Hooded sweatshirt**

- Soft
- Mediumweight





Light source



### WRINKLES ON A SWEATSHIRT HOOD





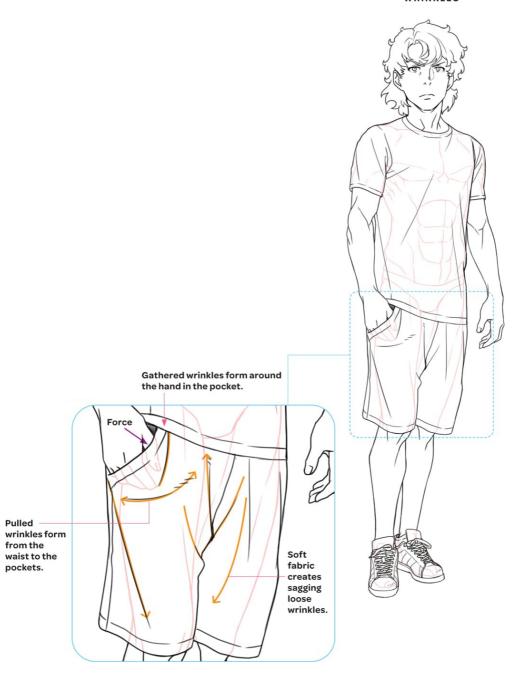
## **Exercise Shorts**

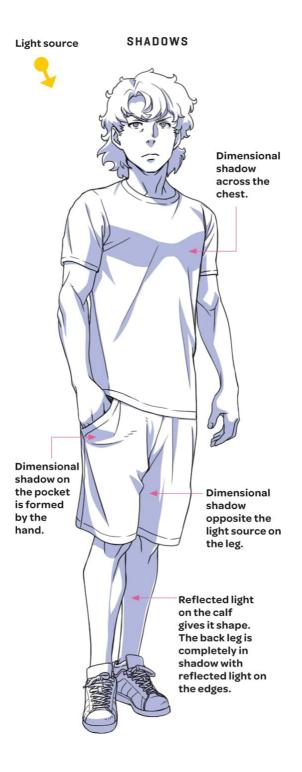
## LESS WRINKLES

- Soft
- Mediumweight



#### WRINKLES

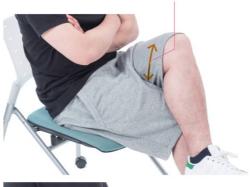




### WRINKLES ON SHORTS WHEN SEATED



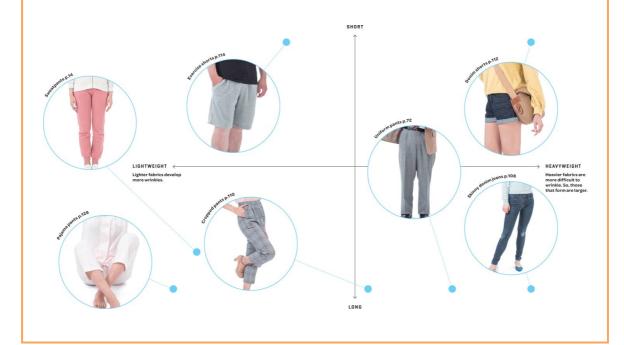
Compare the pulled wrinkles on the thigh to the gathered wrinkles that form when the legs cross.





### **COMPARING PANTS**

The graph shown here compares the length and fabric weight of the pants and shorts in this book. Understanding how fabric weight and fit affect the wrinkles and shadows will make drawing these elements easier.



### Coats & Jackets

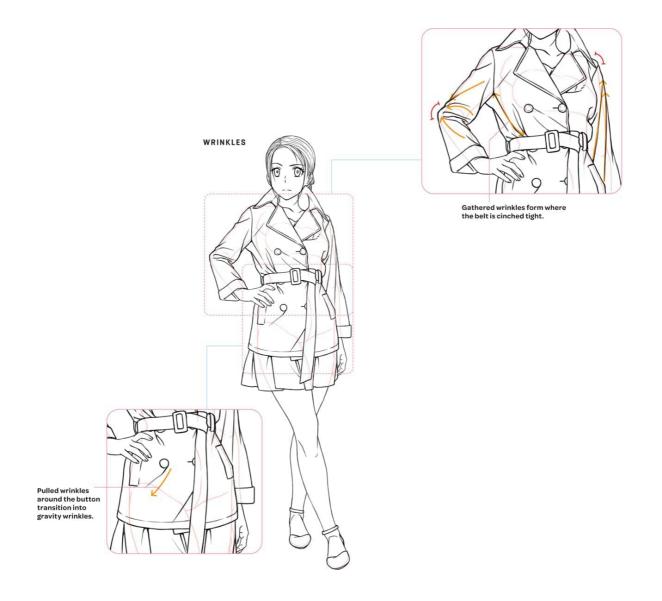
Outerwear, such as trench or down coats, tend to be made of strong, thick materials. To more directly compare the different styles, the characters in this section use the same body pose with the hand on the hip.

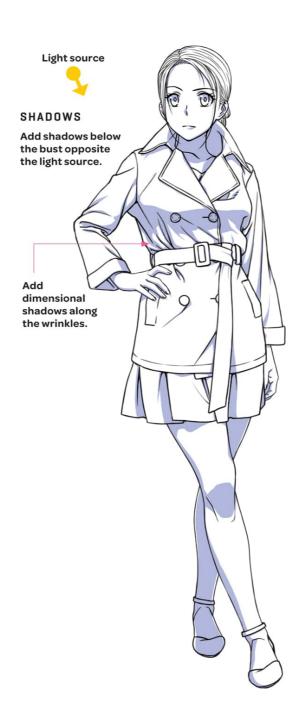
### **Trench Coat**

#### **LESS WRINKLES**

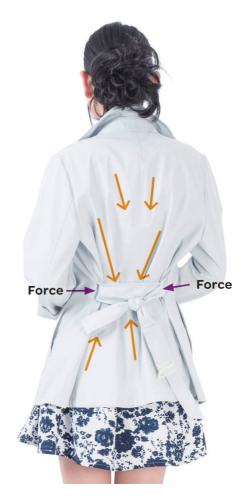
- Stiff
- Lightweight







### **COMPARING WRINKLES ON OPEN VERSUS CLOSED COAT**



When you tie the waist belt at the back, gathered wrinkles form where the fabric is pulled together.



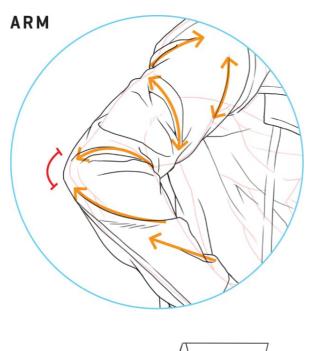
Opening the front of the jacket reduces the force of the contact points against the fabric so there are very few wrinkles.

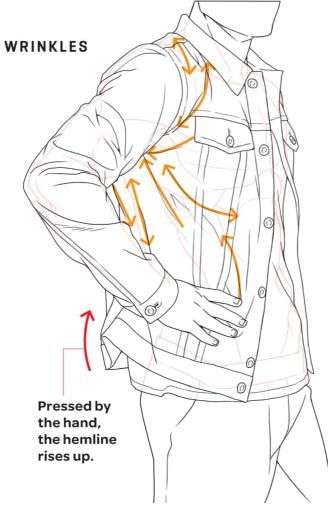
# **Denim Jacket**

## LESS WRINKLES

- Stiff
- Heavyweight







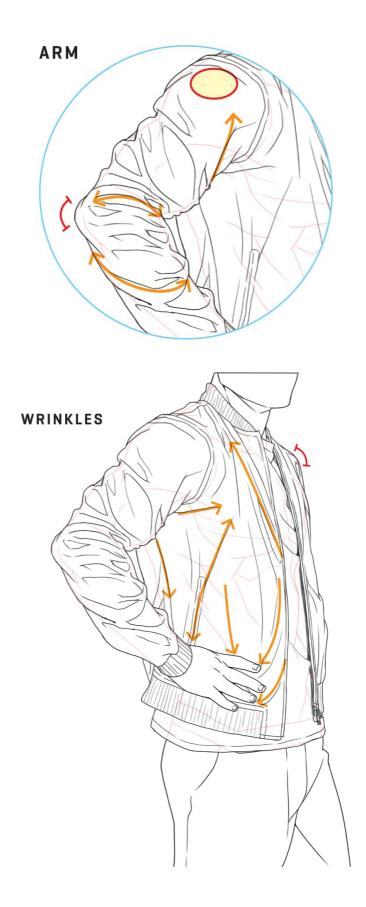


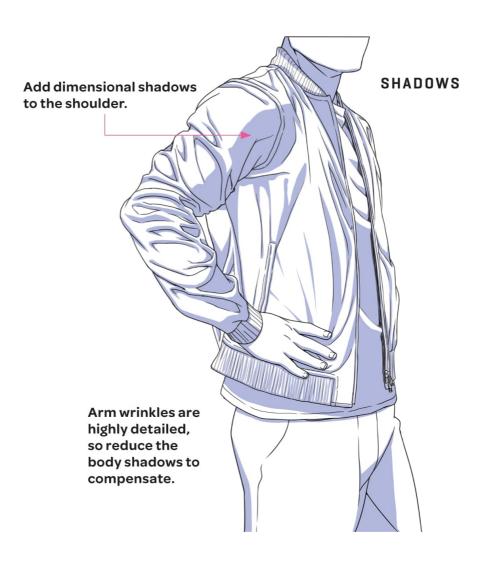
# Windbreaker

## MORE WRINKLES

- Thin
- Lightweight





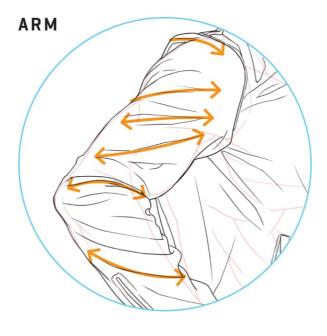


# **Leather Jacket**

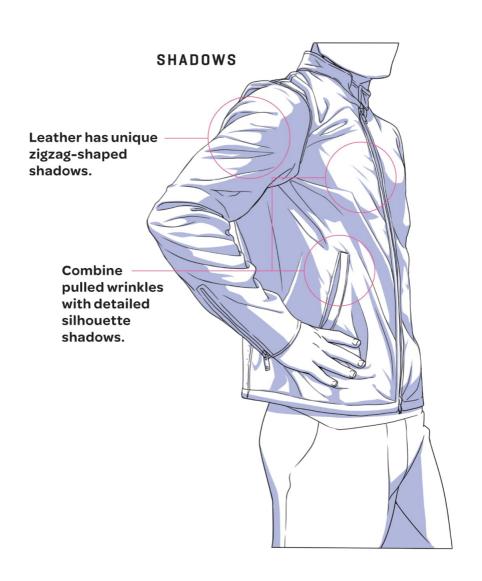
## MORE WRINKLES

- Soft
- Mediumweight







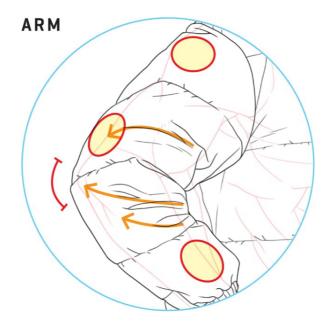


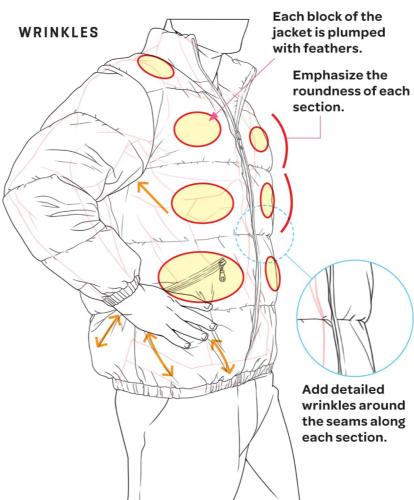
# **Down Jacket**

## LESS WRINKLES

- Thick
- Puffy
- Heavyweight









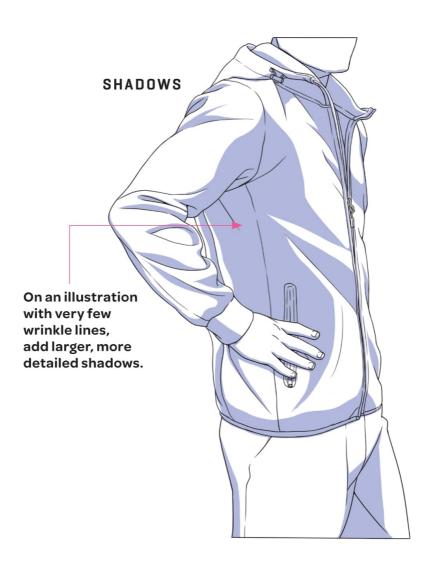
# Fleece Jacket

## LESS WRINKLES

- Soft
- Mediumweight







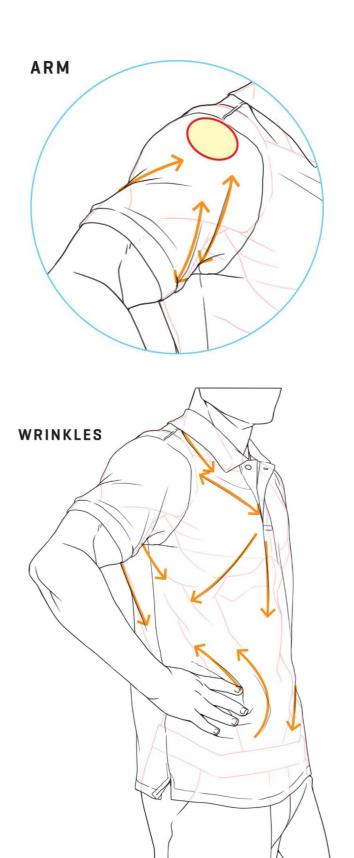
## **Polo Shirt**

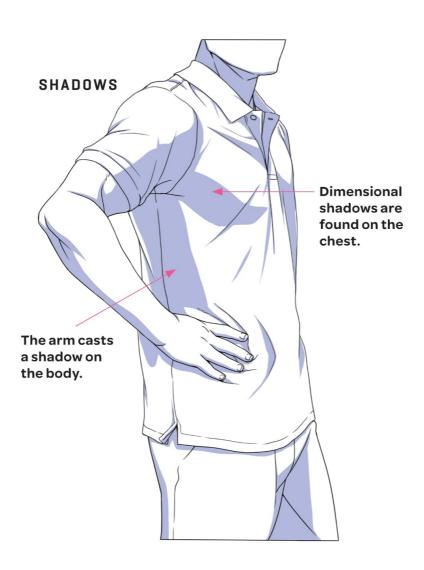
## LESS WRINKLES

## Fabric type

- Soft
- Lightweight







#### **Unique Garments**

The clothes in this section have unique characteristics. Ponchos have a lot of excess fabric and pajamas that have been slept in have more wrinkles than crisp, button-down shirts. Here, we examine these garments more closely.

#### **Ponchos**

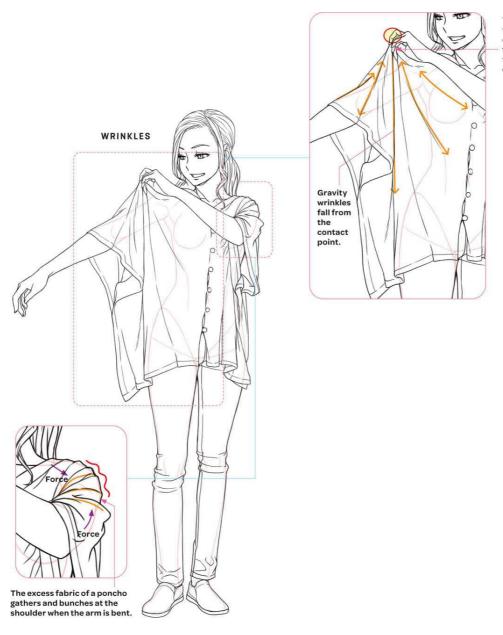
Characteristics: Ponchos are made from a large rectangle of fabric that is folded in half with a hole for the head and side seams to create armholes.

#### **LESS WRINKLES**

**Fabric type** 

- Thin
- Lightweight





The fingers holding the fabric create a contact point. The fabric drapes from the contact point down to the hem.





### **Pajamas**

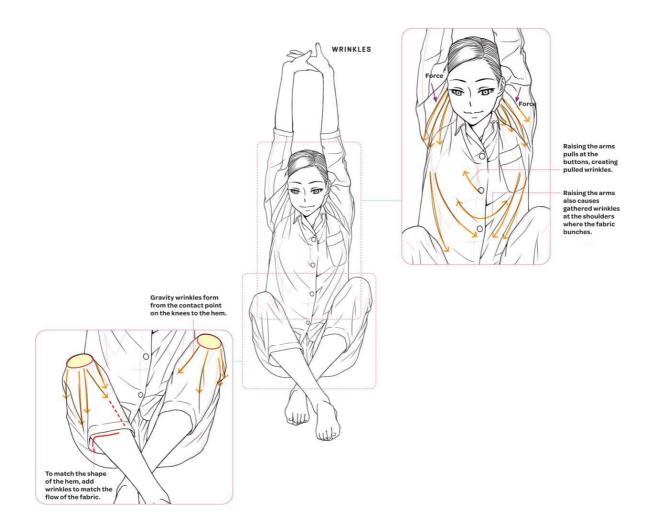
Characteristics: Pajamas that have been slept in have many, many wrinkles. The heat of the body sets the wrinkles during sleep, so they're always present.

#### **LESS WRINKLES**

**Fabric type** 

- Soft
- Loose-fitting
- Lightweight

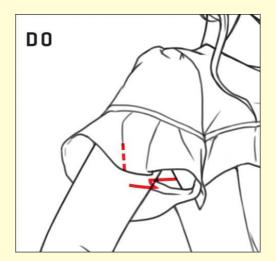




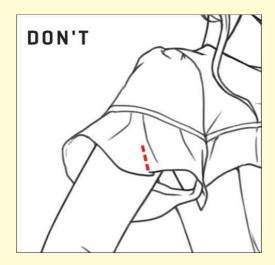


#### **CONNECTING RUFFLES TO THE HEM**

When you draw wrinkles that connect ruffles to a hem or cuff, the placement of the linework matters. The wrinkle lines need to match the flow of the hem to be realistic.



Add wrinkles to the areas where the fabric folds. Match the flow of the fabric for a natural look.



Offsetting the wrinkle line from the hemline will be less realistic.

#### **TWO-PERSON POSES**

When two people are cuddled together, the fabric of their clothing is affected. Here, you'll see important areas to pay attention to when characters are touching.





Hands and elbows become the contact points when arms are locked together. Fabric will bunch and wrinkle in these areas.

CHAPTER

03

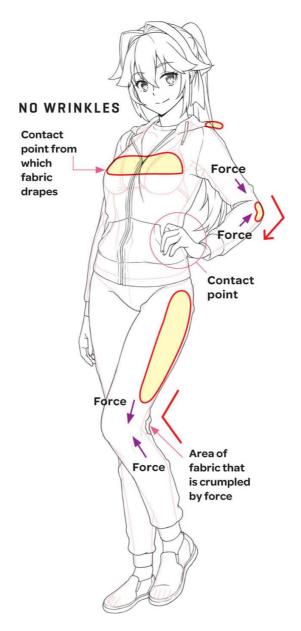
### **Practice Lessons**

#### **Draw Wrinkles & Shadows**

In these practice lessons, you'll draw wrinkles and shadows following the guide shown. An outline is provided as a blank canvas to add your own linework and shading.

### **Standing Pose with Overhead Light**

This basic standing pose features direct, overhead lighting. You'll have the challenge of including pulled, gathered, and gravity wrinkles, as well as the shadows caused by the dramatic light source.



First, identify the contact points and pressure areas that cause clothing to drape and/or wrinkle.



Add basic wrinkles followed by the more detailed wrinkles and folds. Remember to balance too many vs. too few wrinkles.



With the position of the light source in mind, add dimensional, cast, and silhouette shadows.



REFERENCE IMAGE



PRACTICE OUTLINE

## **Standing Pose with Highly Detailed Wrinkles**

The ruffles and frills of this costume require wrinkles and folds with a lot of detail. The shadows added from an overhead light source will enhance the final illustration.



**NO WRINKLES** 



**WRINKLES** 





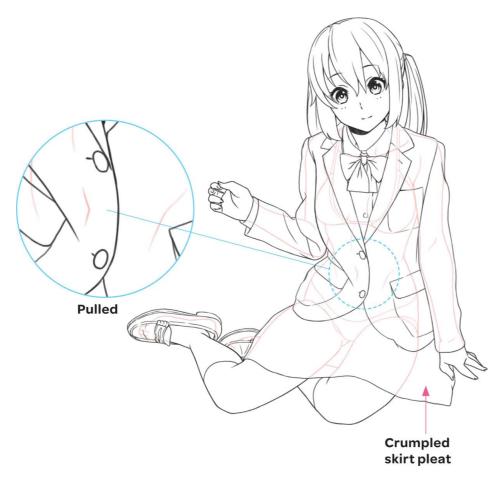
REFERENCE IMAGE



PRACTICE OUTLINE

### **Sitting Pose with Overhead Light**

Sitting poses are more challenging than standing poses because the body causes more wrinkles and folds. Remember the basics covered throughout this book and add wrinkles, folds, and shadows as needed.



**NO WRINKLES** 



WRINKLES



SHADOWS



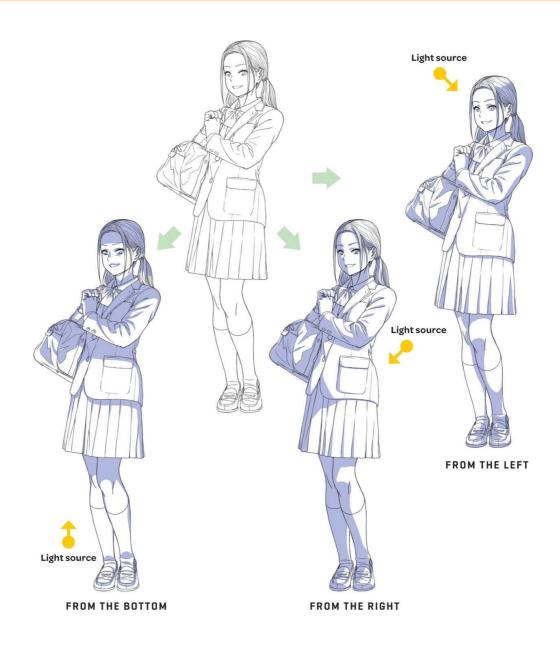
REFERENCE IMAGE

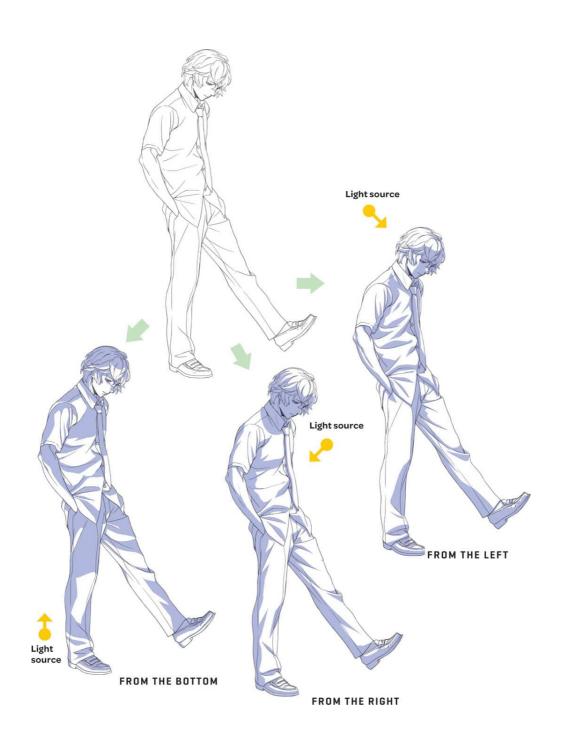


PRACTICE OUTLINE

#### **Add Shadows**

Depending on the placement of the light source, shadows appear in a variety of places. Here, you'll focus on changing shadows based on where the light is coming from. Trace the practice outlines provided to try several different lighting options.





## **Practice Outlines**

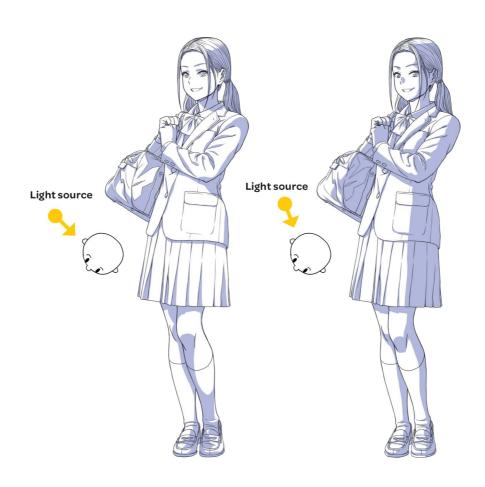


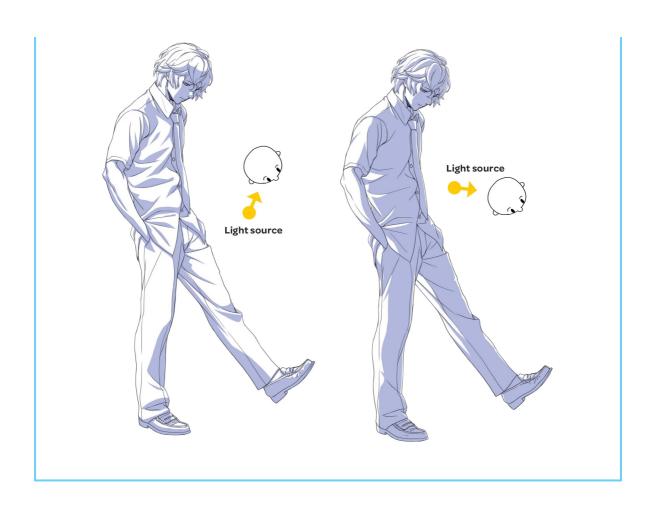




#### ANGLE OF THE LIGHT SOURCE

The slightest shift in the angle of the light source will dramatically change the position of shadows. You can see this most noticeably on the face. Here, the light is positioned on the same side of the face for each pose, but the angle is just a little bit different each time.





### **About the Author**

Naoto Date is a manga artist living in Chiba, Japan. In addition to working as an illustrator, Naoto teaches drawing courses online and is the author of several manga drawing books published in Japan. To see more of his work, visit naoto5555.tumblr.com or follow him on Twitter @naoto\_moni.

## **Meet the Models**



YURIKA NORO



**AYUMU TANABE** 



MAYU KUBO



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